

NOVEMBER 2024

CALENDAR

MARINE & Family

STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.257.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION

Resource to support a smooth transition on & off base.

NOV 06	Welcome Aboard: New Arrivals Orientation	0800-1130	Classroom7
NOV 13	PCS & Moving Workshop	0830-1100	Bldg 579
NOV 14	Sponsorship Training	0900-1000	Bldg 579
NOV 14	Sponsorship Coordinator Training	1000-1100	Bldg 579
NOV 20	PCS & Moving Workshop	0830-1100	Bldg 579
M-F	Lending Locker Services		Bldg 579
FOLLOW: @MCBHIRRS			808.257.7786

MARINE CORPS FAMILY TEAM BUILDING

Life skills, readiness and deployment support classes and workshops.

NOV 04	Family Readiness Command Team Advisor Training	0900-1100	Bldg 579
NOV 05	Volunteer Ready	1130-1230	Virtual
NOV 12-15	LINKS Foundations	1130-1230	Virtual
NOV 12	Passport to Volunteering	1230-1330	Virtual
NOV 13	UPFRP Command Team Training	0830-0930	Bldg 579
NOV 14	Family Care Plan & Readiness Binder	1230-1330	Virtual
FOLLOW: @MCFTBHAWAII			808.257.2657

NEW PARENT SUPPORT

Support program for parents of newborns to 5 years old.

NOV 13	Baby Boot Camp *registration required	0800-1600	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
Tuesdays	When You Want to Parent Differently - a parenting support group *Adults only please	1630-1800	Bldg 216
Wednesdays	Park Playgroup (ideal for preschool-pre k age)	0900-1000	Riseley Field Playground
Thursdays	Walk & Talk Group *registration required	0800-0900	Nu'upia Ponds
Fridays	Infant Massage - 6 week course starts Oct 18 th *registration required	1000-1100	Bldg 216
Fridays	WIC every 2nd & 4th Friday *call 808-259-7940 for appt	1000-1530	Library classroom, 1st floor
FOLLOW: @KBAYNPSPOHANA			808.496.8803

FINANCIAL MANAGEMENT

Learn how to manage money and achieve financial success.

NOV 01	TRS Budget Assistance	1000-1200	Bldg 220
NOV 05	Dependent Care Flexible Spending Account info	1130-1200	Bldg 220
NOV 07	SGT BAH Class	0900-1100	Bldg 220
NOV 12	PRS/1st Duty Station	0900-1200	Bldg 220
NOV 13	Dependent Care Flexible Spending Account info	1130-1200	Bldg 220
NOV 15	Holiday Spending Tips and Tricks	0900-1000	Bldg 220
NOV 15	TRS Budget Assistance	1000-1200	Bldg 220
			808.496.7783

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FAMILY MEMBER EMPLOYMENT

Employment readiness workshops, classes & resources.

NOV 04	Writing an Effective Resume for Federal Jobs	0800-0900	Online – CLICK HERE
NOV 06	A Guide to Federal Job Applications	0800-0900	Online – CLICK HERE
NOV 18	Writing an Effective Resume for Federal Jobs	0830-1130	Online – CLICK HERE
E: OMBKbayFmeapHI@USMC-MCCS.ORG			808.257.2653

COUNSELING/PREVENTION

Counseling and support services and workshops.

NOV 06-08	SACC - Prime for Life 16.0	0800-1500	Bldg 279
NOV 12-15	SACC- SACO Course	0800-1500	Bldg 279
NOV 14	CCP - SPIRE Training	0830-1130	Bldg 216
NOV 19	SACC - UPC Course		
NOV 20-22	SACC - Prime for Life 16.0	0800-1500	Bldg 279
NOV 25	SACC- Prime for Life 4.5	0730-1200	Bldg 279
Tuesdays	Emotional Intelligence Workshop (Anger Management) Must register by calling 808-496-3955	0900-1030	Bldg 216
Thursdays	Warrior Maintenance Stress Management Must register by calling 808-496-3955	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216
FOLLOW:	@MCBHAWAIIIBH		808.496.7780

EXCEPTIONAL FAMILY MEMBER PROGRAM

Workshops & events for exceptional family members.

NOV 1	Respite Care	1300	On Teams RSVP by calling or emailing
NOV 14	Managing Deployments	1030	Virtual on Teams call 808-496-0290 to RSVP
NOV 20	Holiday Cookie Swap/Decorating – EFMP will provide cookies to decorate. Please bring your favorite cookies to share and send your cookie recipes to rosemarie.demello@usmc.mil before Nov. 15 to be copied and passed out to others.	1400-1500	Classroom 2, next to the EFMP Office in Bldg. 219
Tuesdays	Family support services at Kaneohe Health Clinic	0830-1130	Health Clinic Kaneohe Bay
FOLLOW:	@EFMPHAWAII	E: MCBH.EFMP@USMC.MIL	808.496.0290

EDUCATION CENTER

Programs, resources, workshops and services to help you succeed.

NOV 04	MyCAA	1130-1230	Bldg 220
NOV 14	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
NOV 21	G.I. Bill Workshop	1130-1230	Bldg 220
NOV 21	DLAB & DLPT Foreign Language Exams	0900-1500	Bldg 220
Wednesdays	TA 101	1130-1230	Bldg 220
Fridays	FAFSA Friday!	1130-1230	Bldg 220
FOLLOW:	@JECHAWAII		808.496.2158