

STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION

Resource to support a smooth transition on & off base.

OCT 01	Welcome Aboard: New Arrivals Orientation	0900-1130	Base Chapel – Bldg 6677
OCT 07	PCS & Moving Workshop	0830-1100	Bldg 579
OCT 07	Sponsorship Training	1300-1345	Bldg 579
OCT 07	Sponsorship Coordinator Training	1400-1445	Bldg 579
OCT 28	PCS & Moving Workshop	0830-1100	Bldg 579
M-F	Lending Locker Services		Bldg 579
808.496.7786			

FINANCIAL MANAGEMENT

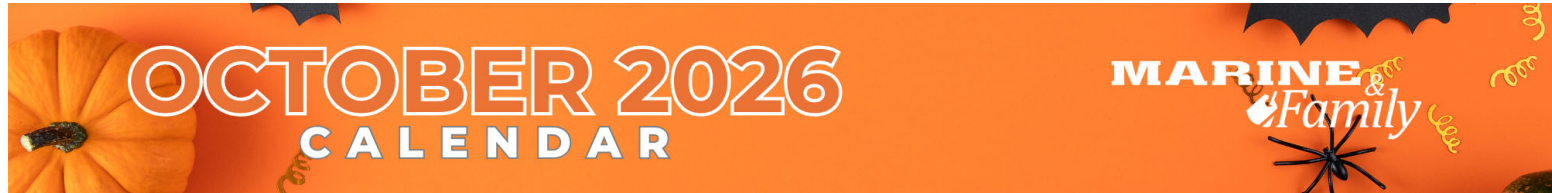
“The secret to getting ahead is getting started.”- Mark Twain.

OCT 06	Thrift Savings Plan (TSP)	0800-0900	Bldg 220
OCT 06	Continuation Pay	0900-1000	Bldg 220
OCT 06	Marriage & Money	1300-1430	Bldg 220
OCT 08	Home Sweet Home	1300-1430	Bldg 220
OCT 20	Personal Readiness Seminar (PRS) – classroom limited to 45 attendees. *Please register using this QR code. 	0800-1600	Bldg 220
OCT 22	Car Buying	1300-1430	Bldg 220
E: christopher.a.mcbride.civ@usmc.mil pfc1.honolulu@magellanfederal.com pfc2.hawaii@magellanfederal.com P: 808.496.7783 808.282.1338 808.260.6832			

COUNSELING/PREVENTION

Counseling and support services and workshops.

OCT 02	FAP Community Outreach	0900-1100	Base Chapel, Rm 28 – Bldg 6677
OCT 07	Stories of Strength-Crafting for Self-Care Candle making workshop	1700-1830	Bldg 219, Rm 106
OCT 08	Paws at the Park Pup Cups Kona Ice Giveaways	1600-1800	North Beach Dog Park
OCT 15	National wear purple day! Raise awareness of Domestic Violence Awareness Month by wearing purple	All day	Everywhere
OCT 19	Park Outreach	0900-1100	TBD
OCT 20	SACC – UPC Course	0800-1500	Bldg 279
OCT 26	SACC – Prime for Life 4.5	0730-1200	Bldg 279
OCT 29 & 30	SACC – National Red Ribbon Week Presentations	1300-1400	Mokapu Elementary
OCT 30	Love Lab One-day Workshop *Must register by calling 808-496-7780/8803	0800-1600	Bldg 216
Tuesdays	Anger Management *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar 0-12 *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar Teen *Must register by calling 808-496-7780/8803	1300-1430	Bldg 216
Thursdays	Warrior Maintenance Stress Management *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216
CCP & FAP: 808.496.7780/8803		SACC: 808.496.2456	



FAMILY MEMBER EMPLOYMENT

Employment readiness workshops, classes & resources.

OCT 08	Ten Steps to a Federal Job® Class – <i>Break into Government Careers</i>	0830-1130	Bldg 220
OCT 08	Navigating USAJobs Class – <i>Explore & Find Federal Jobs Like a Pro</i>	1300-1600	Bldg 220
OCT 22	Spouse Transition and Readiness Seminar (STARS) – <i>Leaving Military, Let's Go!</i>	0830-1230	Bldg 579
OCT 26	Résumé Essentials for Military Spouses – <i>Creating an Effective Resume</i>	0830-1230	Bldg 220
	REGISTER on Eventbrite or scan QR Code to receive event details	E: OMBKbayFmeapHI@USMC-MCCS.ORG	808.496.7097

EDUCATION CENTER

Programs, resources, workshops and services to help you succeed.

OCT 02	G.I. Bill Workshop: <i>Learn about the G.I. Bill and essential information to help you and your family make the most of your VA education benefits.</i>	1130-1230	Bldg 220
OCT 05	SpouseWorks Scholarship Monday (formerly MyCAA): <i>Stop by to learn about this education benefit to spouses of active-duty service members.</i>	1130-1230	Bldg 220
OCT 06	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
OCT 06	DLAB: Defense Language Aptitude Battery	0900-1100	Bldg 220
OCT 08	DLPT: Defense Language Proficiency Test	0900-1500	Bldg 220
OCT 20	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
OCT 20	DLAB: Defense Language Aptitude Battery	0900-1100	Bldg 220
OCT 22	DLPT: Defense Language Proficiency Test	0900-1500	Bldg 220
Wednesdays	Tuition Assistance 101: <i>Covers eligibility requirements, how TA works, and the educational benefits available to active-duty service members.</i>	1130-1230	Bldg 220
Fridays	FAFSA Friday: <i>Need help filling out FAFSA? Stop by to complete your FAFSA application form.</i>	1130-1230	Bldg 220

808.496.2158

TRANSITION READINESS

Transition counseling, resources & education for active duty.

OCT 06	SkillBridge & NCMIS Application Brief No registration Required	1230-1400	SMP – Bldg 1629
OCT 15	Career & SkillBridge Expo No Registration Required	1300-1500	Bldg 1196
OCT 20	SkillBridge & NCMIS Application Brief No Registration Required	1230-1400	Bldg 220, Rm F

E: MCBH.TRP.INQUIRY.SMB@USMC.MIL

808.496.4910

EXCEPTIONAL FAMILY MEMBER PROGRAM

Workshops & events for exceptional family members.

OCT 21	Sensory-Friendly Storytime: Partnered with the Library Building Networks of Support	1000	Bldg 219, Rm 107
OCT 28	EFMP Special Needs Forum and Sensory Trick or Treat	1330	Bldg 220, Rm A
EVERY TUESDAY	EFMP Family Case Worker support services at KBay Health Clinic to assist with questions and DD2792 form completion/submissions.	0830-1130	Health Clinic, Kbay – Bldg 6905

FOLLOW: [@EFMPHAWAII](#)

E: MCBH.EFMP@USMC.MIL

808.496.0290

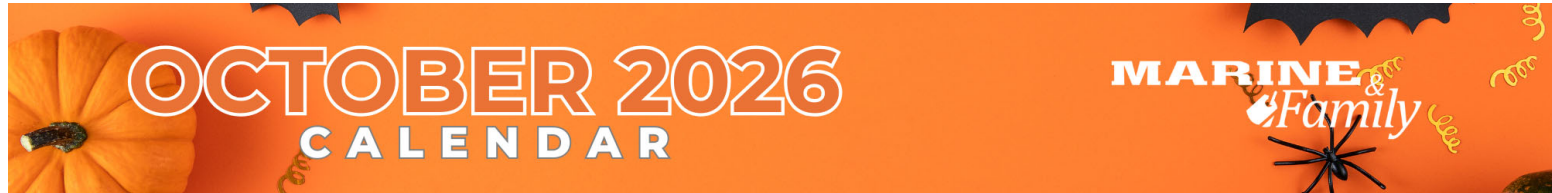
NEW PARENT SUPPORT

Support program for parents of newborns to 5 years old.

Mondays	Bump to Baby Hui – <i>Pregnancy /Postpartum Support Group</i>	1000-1100	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
2nd & 4th Thursdays	Operation Dads	1130-1230	Bldg 216
Fridays	WIC every Friday *Call 808-259-7940 for appt	1000-1500	Bldg 219, Rm 106

FOLLOW: [@MCBHNEWPARENT](#)

808.496.7780/8803



MARINE CORPS FAMILY TEAM BUILDING

Life skills, readiness and deployment support classes and workshops.

OCT 05	L.I.N.K.S. Foundations Part 1 – <i>The Corps</i>	0815-1130	Bldg 579
OCT 06	L.I.N.K.S. Foundations Part 2 – <i>The Maze</i>	0815-1130	Bldg 579
OCT 08	LifeSkills: Real Relationships-- <i>participants build and maintain healthy relationships by exploring communication, trust, expectations, conflict resolution, and the skills needed to create strong, meaningful connections with others</i>	0900-1100	Bldg 579
OCT 09	Teen Employment & Hiring Expo; Powered by L.I.N.K.S.— <i>Teens will learn about Hawaii Workers Permit, available positions with MCCS Hawaii and more! Ages 15-17</i>	1230-1530	Bldg 579
OCT 13	OPSEC/PII Training — <i>What is OPSEC and PII? And how to protect it. *This is NOT an Active Duty or DoW Employee Training, this is an annual requirement for Volunteers or those interested in learning how to protect themselves and their Service Members better*</i>	0830-0930	Bldg 579
OCT 13	UPFRP Command Team Advisor/Family Readiness Assistant Training — <i>This training will cover all required training for newly appointed volunteers (EXCEPT L.I.N.K.S. Foundations)</i>	0930-1100	Bldg 579
OCT 16	LifeSkills: Bridging the Generation Gap — <i>Learn practical tools to improve communication and strengthen connections in a multigenerational workplace. LifeSkills: Bridging the Generation Gap — improve understanding and communication between different generations by exploring perspectives, values, and workplace or relationship dynamics</i>	0830-1030	Virtual
OCT 21	What's In Your Family Care Plan? and Readiness Handbook Workshop — <i>Understanding what should be in a family care plan and why it is important and learning how to organize your "life binder"</i>	0830-0930	Virtual
OCT 21	Passport to Volunteering – <i>For new volunteers interested in tracking hours.</i>	1000-1100	Bldg 579
OCT 22	LifeSkills: Ready, Set, Prepare – <i>Prepare for all of Hawaii's emergencies, from flooding, tsunamis, to Kilauea and high surf</i>	1300-1500	Bldg 579
OCT 26	UPFRP Command Team Training – <i>Newly appointed XO, SgtMaj, Chaplains, SMP Reps</i>	0830-0930	Bldg 579
Oct 26-27	UPFRP Uniformed Readiness Coordinator Training, 2 days – <i>Newly appointed URC's</i>	Mon 0930-1500 Tues 0830-1500	Bldg 579
	QR Code for Class Registration Form—All monthly classes		808.496.2650