STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY QUESTIONS: 808.257.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION Resource to support a smooth transition on & off base.				
DEC 04	Welcome Aboard: New Arrivals Orientation		0900-1130	Classroom7
DEC 11	PCS & Moving Workshop		0830-1100	Bldg 579
DEC 12	Sponsorship Training		0900-0945	Bldg 579
DEC 12	Sponsorship Coordinator Training		1000-1045	Bldg 579
M-F	Lending Locker Services			Bldg 579
FOLLOW:	@MCBHIRRS			808.257.7786

MARINE	CORPS FAMILY TEAM BUILDING	Life skills, readiness and deployment support classes and workshops.	
DEC 03	L.I.N.K.S. Foundations	0830-133	0 Bldg. 579
DEC 03	UPFRP Command Team Advisor Training	1400-153	0 Bldg. 579
DEC 09	UPFRP Command Team Training	0830-093	0 Bldg. 579
DEC 09-10	UPFRP Readiness Coordinator Training	0830-153	0 Bldg. 579
DEC 11	Passport to Volunteering	1100-120	0 Virtual
DEC 11	Volunteer Ready	1200-130	0 Virtual
DEC 16	UPFRP Command Team Advisor Training	0900-110	0 Bldg. 579
DEC 17	Family Care Plan & Readiness Binder	1130-123	0 Virtual
FOLLOW:	@MCFTBHAWAII		808.257.2657

FINANCIAL MANAGEMENT Learn how to manage money and achieve financial successions.			d achieve financial success.
DEC 03	PRS/1st Duty Station	0900-1200	Bldg 220
DEC 05	SGT BAH Class	0900-1100	Bldg 220
DEC 06	TRS Budget Assistance	1000-1200	Bldg 220
Dec 20	Plan Your Financial Future	0900-1100	Bldg 220
808.496.7783			808.496.7783

COUNSELING/PREVENTION Counseling and support services and workshops.			
DEC 04-06	SACC - Prime for Life 16.0	0800-1500	Bldg 279
DEC 10	SACC - UPC Course	0800-1130	Bldg 279
DEC 11-13	SACC - Prime for Life 16.0	0800-1500	Bldg 279
DEC 12	CCP - SPIRE Training	0830-1130	Bldg 216
DEC 16	Safety Stand Down	0900-1100 & 1300-1500	Base Theater
DEC 17	Safety Stand Down	0900-1100 & 1300-1500	Base Theater
DEC 23	SACC - Prime for Life 4.5	0730-1200	Bldg 279
Tuesdays	Emotional Intelligence Workshop (Anger Management) Must register by calling 808-496-3955	0900-1030	Bldg 216
Thursdays	Warrior Maintenance Stress Management Must register by calling 808-496-3955	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216
FOLLOW:	@MCBHAWAIIBH		808.496.7780

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EXCEPTIONAL FAMILY MEMBER PROGRAM Workshops & events for exceptional family members.				
DEC 05	Accessing Community Resources	1030	On Teams RSVP by calling or emailing	
DEC 20	Recreation Inclusion – This is combined with the Family Field trip	1030	In person while at the Honolulu Hale	
DEC 20	Family Field Trip to Honolulu Hale. This is a fun field trip to see the different Christmas trees decorated with different themes.	1030	In person- please RSVP by December 18th	
Tuesdays	Family support services at Kaneohe Health Clinic	0830-1130	Health Clinic Kaneohe Bay	
FOLLOW:	@EFMPHAWAII E: MCBH.EFMP@USMC.MIL		808.496.0290	

EDUCATION CENTER		Programs, resources, workshops and services to help you succeed.		
DEC 02	MyCAA		1130-1230	Bldg 220
DEC 12	AFCT: Armed Forces Classification Test		0900-1200	Bldg 220
DEC 19	G.I. Bill Workshop		1130-1230	Bldg 220
DEC 19	DLAB & DLPT Foreign Language Exams		0900-1500	Bldg 220
Wednesdays	TA 101		1130-1230	Bldg 220
Fridays	FAFSA Friday!		1130-1230	Bldg 220
FOLLOW:	@MCBHEDUCATION			808.496.2158

NEW PARENT SUPPORT Support program for parents of newborns to 5 years old.			
DEC 09	Baby Boot Camp *registration required	0800-1600	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
Tuesdays	When You Want to Parent Differently - a parenting support group *Adults only please	1630-1800	Bldg 216
Wednesdays	Park Playgroup (ideal for preschool-pre k age)	0900-1000	Riseley Field Playground
Thursdays	Walk & Talk Group *registration required	0800-0900	Nu'upia Ponds
Fridays	Infant Massage - 6 week course starts Oct 18 th *registration required	1000-1100	Bldg 216
Fridays	WIC every 2nd & 4th Friday *call 808-259-7940 for appt	1000-1530	Library classroom, 1st floor
FOLLOW:	@MCBHNEWPARENT		808.496.8803

FAMILY N	MEMBER EMPLOYMENT	Employment readiness workshops, classes & resources.		
DEC 05	Ten Steps to a Federal Jobs Class	0830-1130	Bldg 219	
DEC 05	Federal Employment & Navigating USAJobs Class	1300-1530	Bldg 219	
DEC 18	Civilian Resume Writing Workshop	0830-1130	Bldg 219	
DEC 18	Interview Skills Workshop	1300-1530	Bldg 219	
E: OMBKbayl	E: OMBKbayFmeapHI@USMC-MCCS.ORG 808.257.2653			