OCTOBER 2025 Kulia School Age Care Program



*	Monday	Tuesday	Wednesday	Thursday	Friday
Break Mil Cro	½ cp 3/4 Cp lep / 4 cp	Snack 1-2 3-5 6± Milk I/2cp 3/4cp 1cp 1/4 1/5 oz 1/4 1	Oatmeal, Mandarin Oranges, Mill	Scrambled Eggs & Cheese, Pears, Whole Grain Toast, Milk	Waffles, Strawberries, Milk
Lum	35 G		Cheese Nips, Mixed Fruit, Water	Banana Muffin, Water	Carrot Sticks w/Ranch, Whole Grain Ritz Crackers, Water
Grain Fruit Vegeta Mea	War and Andrea (Andrea	STECK	Vanilla Wafer, Water Week 2	Wheat Thins, Water	Graham Crackers, Water
9	Kix Cereal, Apple Slices, Milk	English Muffin w/Jelly, Pineapple 7	Yogurt, Granola, Blueberries, Milk	Hardboiled Egg, Whole Grain Tow/Jelly, Orange Slices, Milk	Whole Grain Cinnamon Toast, Banana, Milk
***	Swirl Bread w/Cream, Apple Juice	Teddy Grahams, Mixed Fruit, Water	Turkey & Cheese on Whole Grain Tor- tilla, Water	Breadsticks w/Marinara, Cheese Stick, Water	Centers Closed at Noon
**	Wheat Thins. Water Week 3	Goldfish Cracker, Water	Assorted Crackers, Water	Vanilla Wafers, Water	
*.	13	French Toast Sticks, Mandarin Oranges, Milk	Oatmeal, Apple Slices, Milk	Waffles, Blueberries, Milk	Sausage Patty Biscuit, Melon, Mil
۸ید	Happy Holidays	Sunflower Butter & Jelly on <u>Whole</u> <u>Grain Tortilla,</u> Milk	Egg Salad Sandwich on Whole Grain Bread, Apple Juice	Graham Crackers, Yogurt, Water	Carrot Sticks with Ranch Dressing Whole Grain Ritz Crackers, Water
•	Center Closed	Saltine Crackers, Water	Goldfish Crackers, Pear, Water	Pretzels, Water	Cheese Nips, Water
	Kix Cereal, Pears, Milk 20	Bagel w Cream Cheese, Pineapple Chunks, Milk	Scramble Eggs w/Cheese, Mandarin Oranges, Mandarin Oranges,	Multi Grain Cheerio, Strawberrie 23	Whole Grain Toast, w/Sunflowe Butter Banana, Milk
	Taco Chips, Shredded Cheese, Salsa, Water	Egg Salad Sandwich on Whole Grain Bread, Apple Juice	Whole Grain Tortilla, Milk Blueberry Muffin, Grape Juice	Breadsticks w/Marinara, Cheese Stick, Water	Swirl Bread w/Cream Cheese, Grape Juice
	Teddy Graham, Water Week 5	Whole Grain Ritz Cracker, Water	Cheese Nips, Water	Graham Crackers, Water	Saltine Crackers, Water
	Kix Cereal, Mandarin Oranges, Milk	Whole Grain Cinnamon Toast, Applesauce, Milk	French Toast Sticks, Mixed Fruit, Milk	Sausage Patty, Biscuit, Blueberries 30 Milk	English Muffins w/ Cheese, Pineapple, Milk
	Teddy Graham, Grapes, Milk	Wheat Thins, Dried Fruit, Cheese Stick,	Sunflower Butter & Jelly on Whole Grain Tortilla, Milk	Ham & Cheese, <u>Tea Roll,</u> Milk	Bagel w/Cream Cheese, Grape Juice
Ž.	Swirl Bread, Water Week 1	Water Saltine Crackers, Water	Goldfish Crackers, Water	Cheese Nip, Water	Vanilla Wafers, Water

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