

OCTOBER 2025

Kulia School Age Care Program

Monday

Tuesday

Wednesday

Thursday

Friday



Kix Cereal, Apple Slices, Milk

6

Swirl Bread w/Cream, Apple Juice

Wheat Thins. Water Week 3

English Muffin w/Jelly, Pineapple Milk

7

Teddy Grahams, Mixed Fruit, Water

Goldfish Cracker, Water

Oatmeal, Mandarin Oranges, Milk

1

Cheese Nips, Mixed Fruit, Water

Vanilla Wafer, Water

Week 2

Yogurt, Granola, Blueberries, Milk

8

Turkey & Cheese on Whole Grain Tortilla, Water

Assorted Crackers, Water

Oatmeal, Apple Slices, Milk

15

Egg Salad Sandwich on Whole Grain Bread, Apple Juice

Goldfish Crackers, Pear, Water

Scramble Eggs w/Cheese, Mandarin Oranges, Whole Grain Tortilla, Milk

22

Blueberry Muffin, Grape Juice

Cheese Nips, Water

French Toast Sticks, Mixed Fruit, Milk

29

Sunflower Butter & Jelly on Whole Grain Tortilla, Milk

Goldfish Crackers, Water

Scrambled Eggs & Cheese, Pears, Whole Grain Toast, Milk

2

Banana Muffin, Water

Wheat Thins, Water

Hardboiled Egg, Whole Grain Toast w/Jelly, Orange Slices, Milk

9

Breadsticks w/Marinara, Cheese Stick, Water

Vanilla Wafers, Water

Waffles, Blueberries, Milk

16

Graham Crackers, Yogurt, Water

Pretzels, Water

Multi Grain Cheerio, Strawberry Milk

23

Breadsticks w/Marinara, Cheese Stick, Water

Graham Crackers, Water

Sausage Patty, Biscuit, Blueberries, Milk

30

Ham & Cheese, Tea Roll, Milk

Cheese Nip, Water

Waffles, Strawberries, Milk

3

Carrot Sticks w/Ranch, Whole Grain Ritz Crackers, Water

Graham Crackers, Water

Whole Grain Cinnamon Toast, Banana, Milk

10

Centers Closed at Noon

Sausage Patty Biscuit, Melon, Milk

17

Carrot Sticks with Ranch Dressing Whole Grain Ritz Crackers, Water

Cheese Nips, Water

Whole Grain Toast, w/Sunflower Butter Banana, Milk

24

Swirl Bread w/Cream Cheese, Grape Juice

Saltine Crackers, Water

English Muffins w/ Cheese, Pineapple, Milk

31

Bagel w/Cream Cheese, Grape Juice

Vanilla Wafers, Water

Happy Holidays
Center Closed

Kix Cereal, Pears, Milk

20

Taco Chips, Shredded Cheese, Salsa, Water

Teddy Graham, Water Week 5

Bagel w Cream Cheese, Pineapple Chunks, Milk

21

Egg Salad Sandwich on Whole Grain Bread, Apple Juice

Whole Grain Ritz Cracker, Water

Whole Grain Cinnamon Toast, Applesauce, Milk

28

Wheat Thins, Dried Fruit, Cheese Stick, Water

Saltine Crackers, Water

Kix Cereal, Mandarin Oranges, Milk

27

Teddy Graham, Grapes, Milk

Swirl Bread, Water Week 1