



STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION

Resource to support a smooth transition on & off base.

DEC 10	PCS & Moving Workshop	0830-1100	Bldg 579
DEC 11	Welcome Aboard: New Arrivals Orientation	0900-1130	Base Chapel
DEC 18	Sponsorship Training	0900-0945	Bldg 579
DEC 18	Sponsorship Coordinator Training	1000-1045	Bldg 579
M-F	Lending Locker Services		Bldg 579

808.496.7786

MARINE CORPS FAMILY TEAM BUILDING

Life skills, readiness and deployment support classes and workshops.

DEC 02	UPFRP URC Roundtable	1330-1630	Bldg 220, Classroom G
DEC 03	UPFRP URC Roundtable	0830-1130	Bldg 220, Classroom G
DEC 03	LifeSkills: Holiday Stress Management – <i>Find calm for the holidays</i>	1400-1530	Bldg 579
DEC 08	UPFRP Command Team Advisor/Family Readiness Assistant Training	0900-1100	Bldg 579
DEC 09	L.I.N.K.S. Foundations – <i>Marine Corps ~ Military 101</i>	0800-1600	Bldg 579
DEC 12	LifeSkills: Four Lenses Workshop – <i>Understanding personality types</i>	0900-1100	Bldg 579
DEC 15	UPFRP Command Team Training	0830-0930	Bldg 579
DEC 15-16	UPFRP Uniformed Readiness Coordinator Training, 2 days	0830-1500	Bldg 579
DEC 17	What's In Your Family Care Plan? and Readiness Handbook Workshop	0830-0930	Virtual
DEC 17	Passport to Volunteering – <i>For new volunteers</i>	1000-1100	Virtual
DEC 22	LifeSkills: Say What? – <i>A guide to effective communication</i>	0900-1100	Bldg 579
	QR Code for Class Registration Form		808.496.8848

NEW PARENT SUPPORT

Support program for parents of newborns to 5 years old.

DEC 08	Baby Boot Camp *Call to register	0800-1630	Bldg 216
Mondays	Post Partum Support Group	1000-1100	Bldg 216
Tuesdays	Bump & Bloom <i>Pregnancy Support Group</i>	0900-1000	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
2nd & 4th Thursdays	Operation Dads	1130-1230	Bldg 216
Fridays	WIC every Friday *Call 808-259-7940 for appt	1000-1500	Bldg 219, Classroom 106
FOLLOW:	@MCBHNEWPARENT		808.496.8803

FINANCIAL MANAGEMENT

Learn how to manage money and achieve financial success.

DEC 02 & 16 & 30	Thrift Savings Plan	0800-0900	Bldg 220
DEC 02 & 16 & 30	Continuation Pay	0900-1000	Bldg 220
DEC 02 & 16 & 30	Marriage and Money	1300-1430	Bldg 220
DEC 18	Car Buying	1300-1400	Bldg 220
Wednesdays	Walk-in Finance Assistance at the Single Marine Center	0800-1200	Single Marine Center – Bldg 1629

808.496.7783



FAMILY MEMBER EMPLOYMENT

Employment readiness workshops, classes & resources.

DEC 09	Navigating USAJobs Class *Register and receive event details	0830-1130	Bldg 220
DEC 11	Civilian Resume Writing Workshop *Register and receive event details	0830-1130	Bldg 220
DEC 11	Interview Skills Workshop *Register and receive event details	1300-1530	Bldg 220
	REGISTER on Eventbrite or scan QR Code		E: OMBKbayFmeapHI@USMC-MCCS.ORG 808.496.7097

EXCEPTIONAL FAMILY MEMBER PROGRAM

Workshops & events for exceptional family members.

DEC 11	Service Animals *Call or email to register	1300	Virtual on Teams
DEC 12	Recreation Inclusion Combined with Family Field trip to Honolulu Hale	1030	Call or email to register
DEC 17	Sensory-Friendly Storytime	1000	Bldg 219, Classroom 106
Tuesdays	Family Case Worker support services at KBay Health Clinic to assist with questions and DD2792 form completion/submissions.	0830-1130	Health Clinic, Kbay – Bldg 6905
FOLLOW:	@EFMPHAWAII	E: MCBH.EFMP@USMC.MIL	808.496.0290

COUNSELING/PREVENTION

Counseling and support services and workshops.

DEC 03-05	SACC – Prime for Life 16.0	0800-1500	Bldg 279
DEC 09	SACC – UPC Course	0800-1130	Bldg 279
DEC 10-12	SACC – Prime for Life 16.0	0800-1500	Bldg 279
DEC 15	SACC – Prime for Life 4.5	0730-1200	Bldg 279
Mondays	Making Marriage Work *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Tuesdays	Emotional Intelligence Workshop (Anger Management) *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar 0-12 *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar Teen *Must register by calling 808-496-7780/8803	1300-1430	Bldg 216
Thursdays	Warrior Maintenance Stress Management *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216
CCP & FAP: 808.496.7780/8803			SACC: 808.496.2456

EDUCATION CENTER

Programs, resources, workshops and services to help you succeed.

DEC 01	MyCAA Monday!	1130-1230	Bldg 220
DEC 04	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
DEC 11	DLAB & DLPT Foreign Language Exams	0900-1500	Bldg 220
DEC 18	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
Wednesdays	TA 101	1130-1230	Bldg 220
Fridays	FAFSA Friday!	1130-1230	Bldg 220
			808.496.2158