



2024

DECEMBER



Child & Youth Programs ~ Child Development Centers

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>Cheerios Peaches, Milk</p> <p>Macaroni & Cheese w/ Ham Green Beans, Mixed Fruit Milk</p> <p>Cottage Cheese, Pineapple, Water</p> <p>Wk 2 Wheat Thins, Water</p>	<p>3</p> <p>Yogurt & Granola, Bananas, Milk</p> <p>Beef/Cheese & Rigatoni Broccoli, Peaches Whole Grain Bread, Milk</p> <p>Saltine Crackers Melon Slices, Water</p> <p>Ritz Crackers, Water</p>	<p>4</p> <p>Scrambled Eggs & Cheese Whole Grain Tortilla, Pears, Milk</p> <p>Tuna Salad Sandwich On Whole Grain Bread Cheese, Cucumber, Lettuce Apple Slices, Milk</p> <p>Goldfish Crackers, Mixed Fruit, Water</p> <p>Vanilla Wafers, Water</p>	<p>5</p> <p>Oatmeal Mandarin Orange, Milk</p> <p>Taco Salad Seasoned Beef Lettuce & Tomato, Pineapple, Tortilla Chips Milk</p> <p>Banana Muffin, Milk</p> <p>Chicken in a Biskit Crackers, Water</p>	<p>6</p> <p>Waffles, Applesauce, Milk</p> <p>Teriyaki Chicken Brown Rice Mixed Vegetable, Mixed Fruit Milk</p> <p>Carrot Sticks w/ Ranch Wheat Thins, Water</p> <p>Graham Crackers, Water</p>																																																																											
<p>9</p> <p>Rice Chex Cereal, Diced Pears Milk</p> <p>Teriyaki Burger on Whole Grain Bun French Fries, Mandarin Oranges Milk</p> <p>Assorted Crackers Yogurt, Water</p> <p>Wk 3 Wheat Thins, Water</p>	<p>10</p> <p>English Muffin w/ Cheese Mandarin Orange, Milk</p> <p>Kalua Pork & Cabbage, Brown Rice Pineapple, Milk</p> <p>Graham Crackers Cantaloupe, Water</p> <p>Goldfish Crackers, Water</p>	<p>11</p> <p>Cream of Wheat, Peaches, Milk</p> <p>Turkey & Cheese Sandwich on Whole Grain Bread Lettuce & Tomato, Apple Slices Milk</p> <p>Cucumber Slices w/ Ranch Dressing Wheat Thins, Water</p> <p>Assorted Crackers, Water</p>	<p>12</p> <p>Sweet Bread Toast Banana, Milk</p> <p>Shepherd's Pie Mashed Potatoes Whole Grain Bread, Broccoli, Pears Milk</p> <p>Raisin Bread, Cream Cheese Apple Juice, Milk*</p> <p>Vanilla Wafers, Water</p>	<p>13</p> <p>French Toast, Applesauce Milk</p> <p>Egg Salad Sandwich on Whole Grain Bread Lettuce & Tomato, Orange Slices Milk</p> <p>Chicken in a Biskit Crackers Melon Slices, Water</p> <p>Cheese Nips, Water</p>																																																																											
<p>16</p> <p>Multi-Grain Cheerios Diced Pears, Milk</p> <p>Fish Patty w/Tartar Sauce Brown Rice, Mixed Veggies Pineapple Chunks, Milk</p> <p>Ritz Crackers, Cheese Slices Water</p> <p>Wk 4 Saltine Cracker, Water</p>	<p>17</p> <p>Oatmeal, Mixed Fruit Milk</p> <p>Corned Beef Sandwich on Whole Grain Bread, Lettuce & Tomato Banana Milk</p> <p>Cottage Cheese Peaches, Water</p> <p>Goldfish Crackers, Water</p>	<p>18</p> <p>Rice Chex Mandarin Oranges, Milk</p> <p>Chicken Strips Brown Rice Broccoli, Apple Slices, Milk</p> <p>Goldfish Crackers Pears, Water</p> <p>Vanilla Wafers, Water</p>	<p>19</p> <p>Waffles, Melon Slices Milk</p> <p>Meat Loaf, Mashed Potatoes Whole Grain Bread Mixed Fruit Milk</p> <p>Graham Crackers Yogurt, Water</p> <p>Cheese Nips, Water</p>	<p>20</p> <p>Raisin Bread, Cream Cheese Banana, Milk</p> <p>Ham & Cheese Wrap w/ Whole Grain Tortilla, Lettuce & Tomato, Orange Slices, Milk</p> <p>Carrot Sticks w/ Ranch Dressing Wheat Thins, Water</p> <p>Chicken in a Biskit Crackers, Water</p>																																																																											
<p>23</p> <p>Kix Cereal Mixed Fruit, Milk</p> <p>Chili w/ Brown Rice Corn, Orange Slices, Milk</p> <p>Graham Cracker Peaches, Water</p> <p>Teddy Grahams, Water</p> <p>Wk 5</p>	<p>24</p> <p>Bagels & Cream Cheese Pineapple Chunks, Milk</p> <p>Chicken Patty Sandwich on Whole Grain Bun, Lettuce & Tomato, Applesauce, Milk</p> <p>Saltine Crackers, Applesauce, Water</p> <p>Cheese Nips, Water</p>	<p>25</p> <p style="text-align: center;">Merry Christmas CYP Closed</p>	<p>26</p> <p>Oatmeal, Pears, Milk</p> <p>Chicken Nuggets French Fries, Mixed Fruit Whole Grain Bread, Milk</p> <p>Cheese-It Pineapple, Water</p> <p>Graham Crackers, Water</p>	<p>27</p> <p>Whole Grain Cinnamon Toast Orange Slices, Milk</p> <p>Spaghetti w/ Meat Sauce Tossed Salad, Bread Sticks Melon, Milk</p> <p>Goldfish Cracker, Pear Slices, Milk</p> <p>Vanilla Wafers, Water</p>																																																																											
<p>30</p> <p>Kix Cereal, Mandarin Oranges Milk</p> <p>Chicken Nuggets, Brown Rice Corn/Carrots, Pineapple Chunks Milk</p> <p>Ritz Cracker, Sliced Cheese Water</p> <p>Graham Crackers, Water</p> <p>Wk 1</p>	<p>31</p> <p>Whole Grain Cinnamon Toast Applesauce, Milk</p> <p>Beef & Macaroni Broccoli, Orange Slices, Milk</p> <p>Bagels, Cream Cheese Grape Juice/Milk</p> <p>Saltine Crackers, Water</p>	<div data-bbox="871 1356 1270 1534" data-label="Text"> <p>CACFP Non-Discrimination Statement In accordance with Federal Civil rights law and U. S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.</p> <p>To file a complaint of discrimination, write... USDA Director of Office of Civil Rights, RM 236-w Whitten Bldg, 14th & Independence Ave. SW, Washington DC 20250-9410, or call (202)720-5964 or (Voice & TDD)</p> </div> <div data-bbox="1323 1364 1501 1396" data-label="Section-Header"> <h3>Meal Pattern</h3> </div> <table border="1"> <thead> <tr> <th rowspan="2">Ages</th> <th colspan="3">Breakfast</th> <th rowspan="2">Lunch Ages</th> <th rowspan="2">1-2</th> <th rowspan="2">3-5</th> <th rowspan="2">6+</th> <th rowspan="2">Snack Ages</th> <th rowspan="2">1-2</th> <th rowspan="2">3-5</th> <th rowspan="2">6+</th> </tr> <tr> <th>1-2</th> <th>3-5</th> <th>6+</th> </tr> </thead> <tbody> <tr> <td>Milk</td> <td>1/2 cup</td> <td>3/4 cup</td> <td>1 cup</td> <td>Milk</td> <td>1/2 cup</td> <td>3/4 cup</td> <td>1 cup</td> <td>Milk</td> <td>1/2 cup</td> <td>3/4 cup</td> <td>1 cup</td> </tr> <tr> <td>Grain</td> <td>1/2 oz.</td> <td>1/2 oz. eq.</td> <td>1 oz. eq.</td> <td>Grain</td> <td>1/2 oz. eq.</td> <td>1/2 oz. eq.</td> <td>1 oz. eq.</td> <td>Grain</td> <td>1/2 oz. eq.</td> <td>1/2 oz. eq.</td> <td>1 oz. eq.</td> </tr> <tr> <td>Fruit</td> <td>1/2 cup</td> <td>1/2 cup</td> <td>1/2 cup</td> <td>Fruit</td> <td>1/4 cup</td> <td>1/2 cup</td> <td>1/2 cup</td> <td>Fruit</td> <td>1/4 cup</td> <td>1/2 cup</td> <td>1/2 cup</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td>Vegetable</td> <td>1/4 cup</td> <td>1/2 cup</td> <td>1/2 cup</td> <td>Meat</td> <td>1 oz</td> <td>1.5oz</td> <td>2oz</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td>Meat</td> <td>1oz</td> <td>1.5oz</td> <td>2oz</td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>			Ages	Breakfast			Lunch Ages	1-2	3-5	6+	Snack Ages	1-2	3-5	6+	1-2	3-5	6+	Milk	1/2 cup	3/4 cup	1 cup	Milk	1/2 cup	3/4 cup	1 cup	Milk	1/2 cup	3/4 cup	1 cup	Grain	1/2 oz.	1/2 oz. eq.	1 oz. eq.	Grain	1/2 oz. eq.	1/2 oz. eq.	1 oz. eq.	Grain	1/2 oz. eq.	1/2 oz. eq.	1 oz. eq.	Fruit	1/2 cup	1/2 cup	1/2 cup	Fruit	1/4 cup	1/2 cup	1/2 cup	Fruit	1/4 cup	1/2 cup	1/2 cup					Vegetable	1/4 cup	1/2 cup	1/2 cup	Meat	1 oz	1.5oz	2oz					Meat	1oz	1.5oz	2oz				
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This institution is an equal opportunity provider. Menu is subject to change. A variety of milk is offered each day.