



STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION Resource to support a smooth transition on & off b				transition on & off base.
APR 03	Welcome Aboard: New Arrivals Orientation		0900-1130	Base Chapel
APR 09	PCS & Moving Workshop		0830-1100	Bldg 579
APR 10	Sponsorship Training		0900-0945	Bldg 579
APR 10	Sponsorship Coordinator Training		1000-1045	Bldg 579
APR 23	PCS & Moving Workshop		0830-1100	Bldg 579
M-F	Lending Locker Services			Bldg 579
FOLLOW:	@MCBHIRRS			808.496.7786

MARINE CORPS FAMILY TEAM BUILDING Life skills, readiness and deployment support classes and workshops.					
APR 08	Passport to Volunteering	1100-1200	Virtual		
APR 08	Volunteer Ready	1200-1300	Virtual		
APR 09	Family Care Plan & Readiness Binder	1130-1230	Virtual		
APR 15	L.I.N.K.S. Foundations	0830-1330	Bldg 579		
APR 15	UPFRP Command Team Advisor/Family Readiness Assistant Training	1400-1530	Bldg 579		
APR 28	UPFRP Command Team Training	0830-0930	Bldg 579		
APR 28-29	UPFRP Readiness Coordinator Training	0830-1500	Bldg 579		
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808-496-8848

NEW PARENT SUPPORT Support program for parents of newborns to 5 years old.				
APR 01	Special Play Group with Seed Planting Activity	0900-1030	Bldg 216	
APR 14	Baby Boot Camp *Registration required	0800-1600	Bldg 216	
Mondays	Post Partum Support Group	1000-1100	Bldg 216	
Tuesdays	Play Mornings	0900-1030	Bldg 216	
2 nd & 4 th	Operation Dads	1130-1230	Bldg 216	
Thursdays				
Fridays	Infant Massage – 4-week course *Registration required	1000-1100	Bldg 216	
Fridays	WIC every Friday *call 808-259-7940 for appt	1000-1500 Library classroom, 1st		
FOLLOW:	@MCBHNEWPARENT 808.496.8803			

FINANCIAL MANAGEMENT Learn how to manage money and achieve financial success. APR 01 & 15 Thrift Savings Plan Bldg 220 0800-0930 APR 01 & 15 Promotion Bldg 220 1000-1100 APR 01 & 15 **Continuation Pay** 1100-1200 Bldg 220 Marriage and Money Bldg 220 APR 01 & 15 1300-1500 Renting a Home (meets SGT BAH Class requirement) **APR 03** 0900-1100 Bldg 220 Personal Readiness Seminar (PRS) APR 08 & 22 0900-1200 Bldg 220 **APR 17** Car Buying 1300-1400 Bldg 220 **APR 25** Saving and Investing 1000-1200 Bldg 220 APR 28-MAY 2 Command Financial Specialist Course | * 808-496-7783 to register Bldg 220 0800-1600 Walk-in Finance Assistance at the Single Marine Center Wednesdays 0800-1230 Single Marine Center Thursdays Camp Smith Office | *must call 808-496-7783 for appt Rm 116 Camp Smith 0800-1200 808.496.7783

FAMILY MEMBER EMPLOYMENT Employment readiness workshops, classes & resources.			
APR 02	Ten Steps to a Federal Jobs Class *Register by email	0830-1130	Bldg 219, Rm 106
APR 02	Federal Employment & Navigating USAJobs Class *Register by email	1300-1530	Bldg 219, Rm 106
APR 16	Civilian Resume Writing Workshop *Register by email	0830-1130	Bldg 579
APR 16	Interview Skills Workshop *Register by email	1300-1530	Bldg 579
E: OMBKbayFmeapHI@USMC-MCCS.ORG 808.496.20			

EXCEPTIONAL FAMILY MEMBER PROGRAM Workshops & events for exceptional family members				
APR 02	EFMP Resource Fair	1400-1600	Bldg 5082, grassy lawn	
APR 16	Sensory-friendly Storytime w/ songs & movement activities	1300	Classroom 2, next to EFMP Office	
APR 21	Family Field Trip - Makapu'u lighthouse trail – Trail is paved	1430	RSVP via phone/email day before	
Tuesdays	Family support services at Kaneohe Health Clinic	0830-1130	Health Clinic, Kbay – Bldg 6905	
FOLLOW:	@EFMPHAWAII E: MCBH.EFMP@USMC.MIL		808.496.0290	

COUNSELI	NG/PREVENTION Counse	ling and support	services and workshops.	
APR 01	SACC – Alcohol Awareness Month Kickoff	0900-0930	Behind Bldg 279	
APR 02-04	SACC – Prime for Life 16.0	0800-1500	0-1500 Bldg 279	
APR 06-07	SACC – Prime for Life 4/20	0800-1500	Bldg 279	
APR 10	SACC – National Alcohol Screening Day	1000-1300	Chow Hall & outside food court	
APR 12	M&FP and Semper Fit – Color Run for a Cause	0700	Dewey Square	
APR 15, 16 & 18	SACC – Prime for Life 16.0	0800-1500	Bldg 279	
APR 17	SACC – Dodgeball Tournament	0900-1100	Semper Fit Basketball Courts	
APR 18	FAP – Family Fun Fair	1100-1400	Dewey Square	
APR 22	SACC – UPC Course	0800-1130	Bldg 279	
APR 24	SACC – Wrap-Up Event	0900-1100 & 1300-1500	Base Theater	
APR 28	SACC – Prime for Life 4.5	0730-1200	Bldg 279	
Mondays	Married & Loving it * Call 808-496-7780/8803 to register	0900-1030	Bldg 216	
Wednesdays	Triple P Parenting Seminar 0-12 * Call 808-496-7780/8803 to register	0900-1030	Bldg 216	
Wednesdays	Triple P Parenting Seminar Teen * Call 808-496-7780/8803 to register	1300-1430	Bldg 216	
Tuesdays	Emotional Intelligence Workshop (Anger Management) Must register by calling 808-496-3955	0900-1030	Bldg 216	
Thursdays	Warrior Maintenance Stress Management Must register by calling 808-496-3955	0900-1030	Bldg 216	
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216	
FOLLOW:	@MCBHAWAIIBH		808.496.7780	

EDUCATION CENTER Programs, resources, workshops and services to help you succee			you succeed.		
APR 03	AFCT: Armed Forces Classification Test		0900-1200	Bldg 220	
APR 07	МуСАА		1130-1230	Bldg 220	
APR 10	DLAB & DLPT Foreign Language Exams		0900-1500	Bldg 220	
APR 15	Higher Education 101: Intro to Higher Ed		1130-1230	Bldg 220	
APR 17	AFCT: Armed Forces Classification Test		0900-1200	Bldg 220	
APR 21	MASP: Military Academic Skills Program		0800-1600	Bldg 220	
Wednesdays	TA 101		1130-1230	Bldg 220	
Fridays	FAFSA Friday!		1130-1230	Bldg 220	
FOLLOW:	@MCBHEDUCATION				808.496.2158