



2025 UPCOMING NCCS EVENTS FEBRUARY 2025 UPDATE



<u>STAY CONNECTED:</u> @MCCSHAWAII @MCBHFAMILY @SemperfithaWaii Hawaii.usmc-McCs.org



COMMUNITY EVENTS

CDC HIRING EVENT - SAT, FEB 1

SATURDAY, FEBRUARY 1 ~ LAULIMA CDC

LAULIMA CDC, 1000-1400 Questions? 808-257-7430

LOVE KIDS? AT LEAST 18 YEARS OLD? HIGH SCHOOL DIPLOMA?

Join us for a Job Fair "Open House" for prospective employees to tour our Child Development Center facilities, see our amazing playgrounds and classrooms, and get your questions answered by our staff. On-the-spot interviews and job offers!

BENEFITS INCLUDE: Priority child care, 50% off child care for 1st child, 20% for additional children, as well as training and professional growth opportunities!

*<u>For those without base access</u>, apply by January 29 to attend. Go to the MCCS careers site 1) Search for "CDC" 2) Filter by location "Hawai'i"

ON-BASE FAMILY CARE Q&A - THU, JAN 30

Come learn more about the benefits of becoming a Certified Family Care Provider. Get your questions answered about the do's and don't's of in-home childcare on-base.

Waikulu Center, MCBH, 5081 Bingham Way, 1000-1100 Questions? (808) 257-7430

DID YOU KNOW?

Providing unauthorized childcare on-base will result in immediate cease of operations and may also result in eviction. *Refer to your resident handbook for more information.

Unauthorized childcare is when individuals who are not base-certified, provide childcare services out of military quarters on a regular basis for 10+ cumulative hours per week (eg. childcare for three children for four hours is 12 cumulative childcare hours)

Child & Youth Programs can assist interested candidates with certification.





APPLY

WE ARE HIRING





S YOUTH SPORTS

AFE PRO BLITZ YOUTH CLINICS - THU, FEB 6

YOUTH FOOTBALL & CHEER CLINICS

Thursday, February 6 @ SGTMAJ Porter Field Clinic: 1530-1630, Meet & Greet: 1700-1800

10 NFL players with ties to Hawaii and 12 NFL cheerleaders will be providing FREE youth clinics for kids interested in football and cheerleading!

Registration NOT required. Check-in begins at 1500.

First-come, first-served. Open to the first 150 kids for football and first 100 kids for cheer.

REMINDERS FOR GUARDIANS:

- 1. BRING YOUR OWN towels and water bottles
- 2. Kids should wear comfortable athletic wear and closed toe shoes
- 3. No registration, but there will be check-in tables where:
 - a. Guardians need to sign waivers
 - b. Children will get wristbands to allow entry onto the field
- 4. No professional photographers allowed
- 5. To ensure the safety of all the participants, ONLY youth participants are allowed on the field

Coal HAWAII

SPRING SOCCER REGISTRATION - FEB 14 - MAR 14

Cost:

- 6 & Under / 8 & Under: \$60 per player
- 10 & Under / 13 & Under / 15 & Under: \$75 per player

Practices start week of March 31st Games begin April 12th (7-8 games, weather permitting)

Volunteer coaches ALWAYS needed!

LOA's and discounts available.

Questions: Youth Sports Coordinator 808-254-7636













*no DoD or USMC endorsement intended.



WHAT'S NEW: EDUCATION CENTER

TAKE ADVANTAGE OF YOUR COLLEGE & EDUCATION BENEFITS

HIGHER EDUCATION 101: AN INTRO TO HIGHER ED

Third Tuesday of every month – next one is February 18 Time: 11:30am-12:30pm Location: Education Center Bldg 220

Open to all active-duty service members, dependents, and civilians.

Explore key aspects of higher education:

- College application process
- Earning or transferring college credits
- Available campus resources
- Strategies for academic success, and more.

After completing the course, participants are invited to schedule a follow-up appointment with an Education and Career Specialist to discuss the next steps in advancing their education.

Questions: michelle.suh.naf@usmc.mil

MONTHLY MINI COLLEGE FAIRS - LAST WEDNESDAYS



Held monthly, Last Wednesday of the Month Mini College Fair: 1100-1130 TA 101: 1130-1230

Opportunity to meet academic advisors, discuss major and degree options, and attend Tuition Assistance 101 brief.

2025 DATES: Jan 29 Jul 30

Feb 26Aug 27Mar 26Sep 24Apr 30Oct 29May 28Nov 26

Questions: jean.ota@usmc.mil







STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.257.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION <i>Resource to support a smooth transition on & off base.</i>				
FEB 06	Welcome Aboard: New Arrivals Orientation		0900-1130	Base Chapel
FEB 12	PCS & Moving Workshop		0830-1100	Bldg 579
FEB 13	Sponsorship Training		0900-0945	Bldg 579
FEB 13	Sponsorship Coordinator Training		1000-1045	Bldg 579
FEB 26	PCS & Moving Workshop		0830-1100	Bldg 579
M-F	Lending Locker Services			Bldg 579
FOLLOW:	@MCBHIRRS			808.257.7786

MARINE CORPS FAMILY TEAM BUILDING Life skills, readiness and deployment support classes and workshop				oort classes and workshops.
FEB 11	Passport to Volunteering		1100-1200	Virtual
FEB 11	Volunteer Ready		1200-1300	Virtual
FEB 12	Family Care Plan & Readiness Binder		1130-1230	Virtual
FEB 18	L.I.N.K.S. Foundations		0830-1330	Bldg 579
FEB 18	UPFRP Command Team Advisor Training		1400-1530	Bldg 579
FEB 24	UPFRP Command Team Training		0830-0930	Bldg 579
FEB 24-25	UPFRP Readiness Coordinator Training		0830-1500	Bldg 579
FOLLOW:	@MCFTBHAWAII			808.257.2657

FINANCIAL MANAGEMENT Learn how to manage money and achieve financial success.				
FEB 04 & 18	Thrift Savings Plan	0800-0930	Bldg 220	
FEB 04 & 18	Promotion	1000-1100	Bldg 220	
FEB 04 & 18	Continuation Pay	1100-1200	Bldg 220	
FEB 04 & 18	Marriage and Money	1300-1500	Bldg 220	
FEB 06	Renting a Home (meets SGT BAH Class requirement)	0900-1100	Bldg 220	
FEB 11 & 25	Personal Readiness Seminar (PRS)	0900-1200	Bldg 220	
FEB 19	Command Financial Specialist (CFS) Refresher (registration required)	0800-1200	Bldg 220	
				808.496.7783

COUNSELING/PREVENTION Counseling and support services and workshops.				
FEB 03-04	SACC - Prime for Life 4/20	0800-1500	Bldg 279	
FEB 05-06	SACC - Prime for Life 16.0	0800-1500	Bldg 279	
FEB 11-14	SACC - SACO Course	0800-1500	Bldg 279	
FEB 13	CCP - SPIRE Training	0830-1130	Bldg 216	
FEB 19-20	SACC - Prime for Life 16.0	0800-1500	Bldg 279	
FEB 24	SACC - Prime for Life 4.5	0730-1200	Bldg 279	
FEB 25	SACC - UPC Course	0800-1130	Bldg 279	
Tuesdays	Emotional Intelligence Workshop (Anger Management) Must register by calling 808-496-3955	0900-1030	Bldg 216	
Thursdays	Warrior Maintenance Stress Management Must register by calling 808-496-3955	0900-1030	Bldg 216	
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216	
FOLLOW:	@MCBHAWAIIBH		808.496.7780	

FEBRUARY 2025 CALENDAR

STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.257.7786 ombkbay.mcbhirrs@usmc-mccs.org

EXCEPTIONAL FAMILY MEMBER PROGRAM <i>Workshops & events for exceptional family members.</i>				
FEB 05	Respite Care	1000	Virtual on Teams RSVP	
			by calling or emailing	
FEB 18	Special Education Overview	1200	In person. Classroom 2 next to the EFMP Office	
FEB 19	Sensory-friendly Storytime – This Storytime includes songs and movement activities	1300	In person. Classroom 2 next to the EFMP Office	
FEB 20	Managing Deployments	1030	Virtual on Teams. RSVP by calling or emailing	
Tuesdays	Family support services at Kaneohe Health Clinic	0830-1130	Health Clinic Kaneohe Bay – Bldg 6905	
FOLLOW:	@EFMPHAWAII E: MCBH.EFMP@USMC.MIL		808.496.0290	

EDUCATION CENTERPrograms, resources, workshops and services to help you succeed.			you succeed.		
FEB 03	МуСАА		1130-1230	Bldg 220	
FEB 06	AFCT: Armed Forces Classification Test		0900-1200	Bldg 220	
FEB 10	MASP: Military Academic Skills Program		0800-1600	Bldg 220	
FEB 13	DLAB & DLPT Foreign Language Exams		0900-1500	Bldg 220	
FEB 18	Higher Education 101: Intro to Higher Ed		1130-1230	Bldg 220	
FEB 20	AFCT: Armed Forces Classification Test		0900-1200	Bldg 220	
FEB 20	G.I. Bill Workshop		1130-1230	Bldg 220	
Wednesdays	TA 101		1130-1230	Bldg 220	
Fridays	FAFSA Friday!		1130-1230	Bldg 220	
FOLLOW:	@MCBHEDUCATION				808.496.2158

NEW PARENT SUPPORT Support program for parents of newborns to 5 years old.				
FEB 10	Baby Boot Camp *Registration required	0800-1600	Bldg 216	
Mondays	*NEW GROUP* Post Partum Support Group Call for questions	1000-1100	Bldg 216	
Tuesdays	Play Mornings	0900-1030	Bldg 216	
Fridays	Infant Massage - 6 week course starts Jan 10 *Registration required	1000-1100	Bldg 216	
Fridays	WIC every Friday *call 808-259-7940 for appt	1000-1500	Library classroom, 1st floor	
FOLLOW:	@MCBHNEWPARENT		808.496.8803	

FAMILY MEMBER EMPLOYMENT Employment readiness workshops, classes & resources.				
FEB 05	Ten Steps to a Federal Jobs Class *Register by phone or email	0830-1130	Bldg 219	
FEB 05	Federal Employment & Navigating USAJobs Class *Register by phone or email	1300-1530	Bldg 219	
FEB 21	Civilian Resume Writing Workshop *Register by phone or email	0830-1130	Bldg 579	
FEB 21	Interview Skills Workshop *Register by phone or email	1300-1530	Bldg 579	
E: OMBKbayFmeapHI@USMC-MCCS.ORG 8				



ALL ABOUT THAT GREEN





FREE TAX SERVICES WITH MILITARY ONESOURCE

Account for the complexities of MilLife with free tax software and one-on-one help from military tax experts via text, chat and phone.

\$0. No, Really. MilTax is Like No Other. Backed by the Defense Department and made exclusively for the military community — with MilTax you can:

- Complete your tax return with specialized software that accounts for the complexities of military life
- Connect with a tax pro
- File federal and up to three state returns
- All for free.
- Click here to LEARN MORE



Miltax is a benefit provided by the Defense Department exclusively for eligible service members and family members through Military OneSource.

COMMANDER'S CUP GOLF CLASSIC

Friday, February 28, 1100

Join us for the Commander's Cup Golf Classic Tournament at the scenic Kaneohe Klipper Golf Course on Friday, February 28. Check-in is at 1100, and shotgun is at 1200.

All ranks are welcome! Active Duty registration is open from January 29 - February 12, and for all others, registration runs from February 13 – 26.

For more details, call the Klipper Pro Shop at (808) 254-2107.

KLIPPER DEMO DAYS

Test drive the best in golf equipment from top brands at the Klipper's Demo Days. Swing by this February to see how you can take your game to the next level.

- Callaway: February 1, 1000 1400
- TaylorMade: February 7, 1200 1700
- PXG: February 8, 1000 1400
- PING: February 15, 1000 1400
- Mizuno: February 22, 1000 1400
- TaylorMade: February 28, 1200 1700





AFE PRO BLITZ SUPER SHOWDOWN WATCH PARTY

Sunday, February 9, 1100-2100

Armed Forces Entertainment (AFE) and MCCS Hawaii present the Pro Blitz Super Showdown Watch Party at Kahuna's Lanai Sports Bar & Grill on Sunday, February 9. Doors open at 1100 and kickoff is at 1330.

Get ready to score big! This is your chance to meet NFL cheerleaders and experience the energy they bring to the game. Plus, don't fumble your shot at games, prizes, and free food—the first 150 football fans through the door will receive a FREE plate of nachos!

Admission is FREE and open to All Hands! The Nacho Bar opens at 1200. Restrictions apply.

A warm mahalo to the Single Marine and Sailor Program, Coca-Cola Hawaii, USAA, ProTour Productions, and AFE for making this MCBH community event happen. No DoD or USMC endorsement intended.

ROCKER ROOM'S CORNHOLE LEAGUE NIGHT

Friday, February 21, 1800

Calling all SNCOs and Officers! Rally your team for the next Cornhole League Night at the SNCO Club's Rocker Room on Friday, February 21. Doors open at 1630 and the games begin at 1800. It's just \$10 per team to join the fun!

Register NOW-scan the QR code for more information.

Open to Officers, SNCOs, and their invited guests.

DARTS TOURNAMENT AT THE ROCKER ROOM

Friday, February 28, 1800

Ready to show off your aim and strategy? Grab your wingman and take on the competition in our Darts Pairs Cricket Tournament at the SNCO Club's Rocker Room on Friday, February 28. Doors open at 1630 and the games begin at 1800. Winners take home the glory and the prizes!

Lock in your spot now—scan the QR code and sign up today.

Open to Officers, SNCOs, and their invited guests.











Presented by



FEBRUARY '25- APRIL '25 CALENDAR

FEBRUARY

- 1 CO Race Series: Sunrise & Shining Sea 5k
- 20 SMP Pool Tournament
- 22 HITT: The Drifter-31 Hero WOD
- 22 Pickleball Tournament

M A R C H

- 8 CO Race Series: Na Alii 5k/10k
- 17 IM Sports: Men's/Women's Softball League
- 20 SMP Pool Tournament
- 29 HITT: Hero WOD
- 31 IM Sports: Soccer Season begins







A P R I L

- 12 CO Race Series: Color Run for a Cause
- 17 SMP Pool Tournament
- 19 SMP Video Game Tournament
- 26 HITT: Hero WOD

ONGOING EVENTS

Single Marine Program

SMP Council Meetings

- Senior Enlisted Advisor or alternate E8
- Email <u>kbaysmsp@usmc-mccs.org</u> for dates Volunteer Opportunities
- For dates: <u>hawaii.usmc-mccs.org/smp</u>
 SMSP Contact: 808-254-7593

OVERVIEW & CURRENT SCORES >>>



Health Promotions Classes

- Contact HP Educator: 808-254-7473
- SemperFit Gym Volunteer Opportunities
- Contact 808-254-7597
- Beast Board ~ Make it onto the board
- Contact 808-254-7473







CO RACE SERIES



UPCOMING RACES ____

SUNRISE & SHINING SEA 5K - SATURDAY, FEB 1

Scenic morning 5k. Enjoy a sunrise and ocean views along the green, rolling hills of the world famous Klipper Golf Course.

NA ALI'I 5K/10K - SATURDAY, MAR 8

Great check-up before the Hapalua Half-Marathon! Scenic and challenging 5k and 10k options.

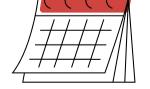
COLOR RUN FOR A CAUSE - SATURDAY, APRIL 12

Every step helps raise awareness for important causes like child abuse prevention and autism support—let's make a colorful impact together! VOLUNTEERS needed.

SAVE THE DATES FOR 2025

Sunset Flightline 5k - May 9 Camp Smith Grueler - May 31 - NEW DATE! Runway Run - July 4 Bellows Rucksack Race - August 2 Keiki & Adult Sprint Triathlon - Sept 13 & 14 Turkey Trot 5k/10k - November 22 Jingle Bell Jog - December 20









Download 2025 CO Race Series Calendar

*Themes and date subject to change

*no DoD or USMC endorsement intended

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Calle HAWAII













UPCOMING HERO WODS

"DRIFTER-31" HERO WOD~ SAT, FEB 22 @ SGTMAJ PORTER FIELD @ 0900

In Memory of Capt John Daniel Terselic (December 20, 2024)

Terselic was a MARSOC Team Commander who tragically and unexpectedly passed away due to unforeseen health issues

Workout:

EMOM for 7 min: 7 deadlifts EMOM for 7 min: 7 Shoulder Press EMOM for 5 min: 5 Good Mornings EMOM for 5 min: 5 Pull-ups EMOM for 3 min: 3 Shoulder Shrugs EMOM for 3 min: 3 Bicep Barbell Curls Registration highly encouraged, but not required for participation.





2025 WARRIOR ATHLETE COURSES

Upcoming Dates

• Feb 3-7

• Jun 2-6

Apr 7-11

- Aug 18-22Oct 20-24
- Dec 2-12
 - Dec 8-12



Level 1 & 2 applications available online:



Sign-up at Semper Fit Center, 254-7597

HUMAN PERFORMANCE CENTER

OPEN TO ACTIVE-DUTY ONLY AT THIS TIME.

Open Mat Time Hours:

Monday-Friday, 1130-1300 & Mon, Wed, Fri 0600-0700



Ouestions? 808-254-7597



*no DoD or USMC endorsement intended





INTRAMURAL SPORTS

PICKLEBALL TOURNAMENT

Dates: February 22 Registration deadline: January 13

MEN'S/WOMEN'S PAY TO PLAY SOFTBALL

Start date: March 17 Registration deadline: March 11

SOCCER SEASON

Start date: March 31 Registration deadline: March 25





UPCOMING INTRAMURAL EVENTS

Co-ed Softball Season Start date: June 9 Registration deadline: June 3

Flag Football Season Start date: August 11 Registration deadline: August 5 Volleyball Season Start date: September 8 Registration deadline: September 2

***DATES ARE SUBJECT TO CHANGE**





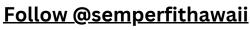




SIGN UP TO GET UPDATES! 🔰

 $^{\ast} \text{no} \; \text{DoD} \; \text{or} \; \text{USMC} \; \text{endorsement} \; \text{intended}$









SINGLE MARINE PROGRAM

OPEN TO ACTIVE-DUTY SINGLE MARINE & SAILORS ONLY

SUPER BOWL PARTY W/NFL CHEERLEADERS, FEB 9

DOORS OPEN 1100 at Kahuna's Lanai Game starts at 1330

FREE NACHOS for the first 150 attendees. Nacho Bar opens at 1200. Come watch the Super Bowl with NFL Cheerleaders. Win prizes!

FREE MOVIE NIGHT: CAPTAIN AMERICA: BRAVE NEW WORLD

FREE PRE-RESERVED seats open to SINGLE, UNACCOMPANIED Marines & Sailors. Tickets limited. REGISTER NOW.

FEBRUARY "FREE LUNCH & LIFE HACKS" SESSIONS

Feb 5 - Finding your Inner Warrior Feb 12 - Money Moves Feb 19 - Team Whisperer

Feb 26 - Clean Plates, Heavy Weights?

Open to ALL E5 and below. Registration not required, but highly encouraged.

SPECIAL EVENTS:

- **Basic Car Care**
- Paintball •

Volunteer:

- AccesSurf
- AFE Pro Blitz Youth Clinics
- Base Beach Clean-Up
- Hawaii Foodbank Senior Food Boxing
- Institute for Human Services
- K9 Kokua Adopt the Love of Your Life
- Mālama Pu'uloa



MONTHLY







Council Meetings: Feb 11 and 25 Pool Tournament: Feb 20

Na Koa qualifying events:

- 1) Volunteer activities
- 2) E-8/higher attendance at Council Meeting
- 3) Pool & Video Game Tournaments
- *no DoD or USMC endorsement intended











ADVERTISING ON BASE

Have an event or company you want to put on TV screens, marquees or flyers around MCCS locations? Contact the Commercial Sponsorship Specialist for rates and information. Call 808-208-0799 or email <u>kbaysales@usmc-mccs.org</u>

BASE THEATER RESERVATIONS

As of 1 April, the Base Theater reservations will be handled by the Installation's S-3 Division. Units looking to reserve the theater can do so directly in RFMSS. For any questions, contact the S-3 Classroom Manager at (808) 496-4203.

https://hawaii.usmc-mccs.org/dining/event-space-inquiry

PARTY RENTALS

The Marina offers more than just boat and kayak rentals. Inventory includes bounce houses, shave ice, popcorn and cotton candy machines, tents, volleyball nets, bbq grills, tables, generators and more.

https://hawaii.usmc-mccs.org/recreation-fitness/rentals

SAFETY CHECK? TIRES? BATTERIES?

<u>Five-O-Motors</u> offers parts ordering, state vehicle safety inspections (with reservations), and space to work on your own vehicle for maintenance/car enthusiasts. Don't abandon your vehicle, bring it in and get a gift card.

SOCIAL DIRECTORY

Click here for the MCCS HAWAII linktr.ee directory

Get the latest updates on special events, family programming, MCX sales and events, fitness activities and events, golfing, water safety, dining and more!













MARINE & FAMILY PROGRAMS

Follow us on socials @mcbhfamily

MCCS Hawaii's Marine & Family programs offer a variety of counseling, child care and personal and professional development programs free of charge for active-duty and dependents. <u>Download a digital brochure</u> with information on each of the free programs available.

SEMPER FIT Follow us on socials @semperfithawaii

Semper Fit offers 24 hour fitness centers, HITT training courses and events, competitive Intramural Sports leagues and tournaments, a variety of fun and challenging 5K's, 10K's and more in the CO Race series, health and wellness education, testing and boot camps with Health Promotion, aquatic training and recreation at Pools, and Beaches, as well as Youth Sports programs throughout the year.

The Single Marine & Sailor Program offers free quality of life programming, exclusive events, recreation centers, volunteer and leadership opportunities.

Download a digital brochure to learn more.

KNOW YOUR OPTIONS 24/7 Helpline: (808) 216-7175

Examples of domestic abuse include, but are not limited to: taking your cell phone or keys, not allowing you to leave a location, controlling what you wear or who you speak to, limiting your access to money, name calling, pushing, hitting, or sexual contact without your consent.

Deciding whether to report domestic abuse can be difficult. If you are experiencing abuse in your relationship, it is normal to feel alone, afraid, and unsure about asking for help. Knowing your reporting options can help you decide what to do next.

<u>Learn more</u> about resources and support and the difference between open and confidential reporting options.

DRUNK DRIVING PREVENTION PROGRAM Dispatch #: (518) 288-6042

Will drive you and your car home for FREE! Calls are confidential. Open to all services anywhere on the island. OPERATING HOURS: FRI, SAT, HOLIDAYS and DONSA's 2000-0600

Interested in volunteering? Hours are documented for community service credit and can be applied to Military Outstanding Volunteer Service Medal.

READY? PRE-DEPLOYMENT CHECKLIST

TASK CHECKLIST

- **Time Together** Quality time with loved ones
- **Unit To-Do's** See your URC/DRC for unit-specific checklist
- Health Care Family members enrolled in DEERS & Tricare
 - **Family Care Plan** Ensure family taken cared of
 - **Pets** Arrange caretaker, up to date records
 - Home Preparation Maintenance, mail, lease
 -] Vehicle Preparations Storage, maintenance, lease
 - **Personal Security** Family and friends apprised of OPSEC
 -] **Information & Records** *Review, update and store. Legal documents.*
 - Wills & Powers of Attorney Power of attorney, wills...
 -] **Emergency Planning** Emergency contact information
 - **Military ID** Valid military-issued IDs, updated info...
 - **Financial Plan** Auto-pay? Savings deposit plan?
 - **Communication Plan** How to communicate during deployment?
 - Voting
 - Registration? Absentee ballot?

DOCUMENTS CHECKLIST

Before you deploy, consider reviewing the following documents with someone you trust:

Financial

- Recent bank statements
- Credit card statements
- Leave & earnings statements
- □ Investment statements & earnings reports
- 🗌 Monthly bills
- □ Tax forms from recent years

Legal

- 🗌 Wills
 -] Power of attorney paperwork
- Birth certificates or adoption paperwork
- Marriage certificate or divorce papers

Health

- Medical history
 - Health insurance paperwork
 - Dependents' medical history
 - Dependents' health insurance paperwork

Home

-] Leasing agreement or deed
-] Mortgage Agreement or paperwork
-] Homeowner's or renter's insurance policy

Vehicle

-] Registration & title
-] Vehicle insurance policy
- Service & maintenance history

For full list go to militaryonesource