



STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

## QUESTIONS: 808.257.7786 ombkbay.mcbhirrs@usmc-mccs.org

<b>INFORMATION REFERRAL &amp; RELOCATION</b> <i>Resource to support a smooth transition on &amp; off base.</i>				
MAR 13	Welcome Aboard: New Arrivals Orientation	0900-1130	Base Chapel	
MAR 12	PCS & Moving Workshop	0830-1100	Base Chapel	
MAR 20	Sponsorship Training	0900-0945	Bldg 579	
MAR 20	Sponsorship Coordinator Training	1000-1045	Bldg 579	
MAR 26	PCS & Moving Workshop	0830-1100	Base Chapel	
M-F	Lending Locker Services		Bldg 579	
FOLLOW:	@MCBHIRRS		808.257.7786	

MARINE CORPS FAMILY TEAM BUILDING Life skills, readiness and deployment support classes and workshops.				
MAR 04	Passport to Volunteering	1100-1200	Virtual	
MAR 04	Volunteer Ready	1200-1300	Virtual	
MAR 04	L.I.N.K.S. Foundations	0830-1330	Bldg 579	
MAR 04	UPFRP Command Team Advisor/Family Readiness Assistant Training	1400-1530	Bldg 579	
MAR 05	Family Care Plan & Readiness Binder	1130-1230	Virtual	
MAR 17	UPFRP Command Team Training	0830-0930	Bldg 579	
MAR 17	L.I.N.K.S. Foundations	0830-1330	Bldg 579	
MAR 17	UPFRP Command Team Advisor/Family Readiness Assistant Training	1430-1600	Bldg 579	
MAR 17-18	UPFRP Readiness Coordinator Training	0830-1500	Bldg 579	
FOLLOW:	@MCFTBHAWAII		808.257.2657	

**FINANCIAL MANAGEMENT** Learn how to manage money and achieve financial success. MAR 04 & 18 Thrift Savings Plan Bldg 220 0800-0930 MAR 04 & 18 Promotion 1000-1100 Bldg 220 Bldg 220 MAR 04 & 18 Continuation Pay 1100-1200 MAR 04 & 18 Marriage and Money 1300-1500 Bldg 220 Command Financial Specialist (CFS) Forum (registration required) Bldg 220 **MAR 05** 1100-1300 Renting a Home (meets SGT BAH Class requirement) Bldg 220 **MAR 06** 0900-1100 Personal Readiness Seminar (PRS) MAR 11 & 25 0900-1200 Bldg 220 **Develop Your Spending Plan MAR 14** 1100-1200 Bldg 220 **MAR 20** Car Buying 1300-1400 Bldg 220 **MAR 27** Survivor Benefit Plan 1300-1400 Bldg 220

808.496.7783

COUNSELING/PREVENTION Counseling and support services and workshops.				
MAR 03-04	SACC - Prime for Life 4/20	0800-1500	Bldg 279	
MAR 05-06	SACC - Prime for Life 16.0	0800-1500	Bldg 279	
MAR 19-20	SACC - Prime for Life 16.0	0800-1500	Bldg 279	
MAR 25	SACC - UPC Course	0800-1130	Bldg 279	
MAR 31	SACC – Prime for Life 4.5	0730-1200	Bldg 279	
Tuesdays	Emotional Intelligence Workshop (Anger Management) Must register by calling 808-496-3955	0900-1030	Bldg 216	
Thursdays	Warrior Maintenance Stress Management Must register by calling 808-496-3955	0900-1030	Bldg 216	
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216	
FOLLOW:	@MCBHAWAIIBH		808.496.7780	



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MABINE

<b>EXCEPTIONAL FAMILY MEMBER PROGRAM</b> <i>Workshops &amp; events for exceptional family members.</i>				
MAR 06	SSI/SSDI and Medicaid Waiver	1030	Virtual on Teams RSVP by calling or emailing	
MAR 11	Establishing Permanent Dependency	1100	Virtual on Teams	
MAR 19	Sensory-friendly Storytime – This Storytime includes songs and movement activities	1300	In person. Classroom 2 next to the EFMP Office	
MAR 20	Special Needs Forum/Accessing Community Resources	1430	Virtual on Teams. RSVP by calling or emailing	
Tuesdays	Family support services at Kaneohe Health Clinic	0830-1130	Health Clinic Kaneohe Bay – Bldg 6905	
FOLLOW:	@EFMPHAWAII E: MCBH.EFMP@USMC.MIL		808.496.0290	

<b>EDUCATION CENTER</b> <i>Programs, resources, workshops and services to help you succeed.</i>			you succeed.		
MAR 03	МуСАА		1130-1230	Bldg 220	
MAR 06	AFCT: Armed Forces Classification Test		0900-1200	Bldg 220	
MAR 13	DLAB & DLPT Foreign Language Exams		0900-1500	Bldg 220	
MAR 17	MASP: Military Academic Skills Program		0800-1600	Bldg 220	
MAR 18	Higher Education 101: Intro to Higher Ed		1130-1230	Bldg 220	
MAR 20	AFCT: Armed Forces Classification Test		0900-1200	Bldg 220	
Wednesdays	TA 101		1130-1230	Bldg 220	
Fridays	FAFSA Friday!		1130-1230	Bldg 220	
FOLLOW:	@MCBHEDUCATION				808.496.2158

<b>NEW PARENT SUPPORT</b> Support program for parents of newborns to 5 years old.			
MAR 10	Baby Boot Camp   *Registration required	0800-1600	Bldg 216
MAR 13 & 27	Operation Dads	1130-1230	Bldg 216
Mondays	*NEW GROUP* Post Partum Support Group   Call for question	ns 1000-1100	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
Fridays	Infant Massage – 4-week course  *Registration required	1000-1100	Bldg 216
Fridays	WIC every Friday  *call 808-259-7940 for appt	1000-1500	Library classroom, 1st floor
FOLLOW:	FOLLOW: @MCBHNEWPARENT 808.496.8803		

FAMILY MEMBER EMPLOYMENT         Employment readiness workshops, classes & resources.			
MAR 05	Ten Steps to a Federal Jobs Class   *Register by phone or email	0830-1130	Bldg 219, Rm 106
MAR 05	Federal Employment & Navigating USAJobs Class   *Register by phone or email	1300-1530	Bldg 219, Rm 106
MAR 18	Civilian Resume Writing Workshop   *Register by phone or email	0830-1130	Bldg 579
MAR 18	Interview Skills Workshop   *Register by phone or email	1300-1530	Bldg 579
MAR 27	Spouse Transition and Readiness Seminar (STARS)   *Register by phone or email	0900-1200	Bldg 579
E: OMBKbayFmeapHI@USMC-MCCS.ORG			808.257.2653