



2025

# MAY

## Child and Development Center

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Breakfast	1-2	3-5	6+
Ages	1-2	3-5	6+
Milk	1/2 cp	3/4 cp	1 cp
Grain	1/2 oz. eq.	1/2 oz. eq.	1 oz. eq.
Fruit	1/4 cp	1/2 cp	1/2 cp

Lunch	1-2	3-5	6+
Ages	1-2	3-5	6+
Milk	1/2 cp	3/4 cp	1 cp
Grain	1/2 oz. eq.	1/2 oz. eq.	1 oz. eq.
Fruit	1/4 cp	1/2 cp	1/2 cp
Vegetable	1/4 cp	1/2 cp	1/2 cp

Snack	1-2	3-5	6+
Ages	1-2	3-5	6+
Milk	1/2 cp	3/4 cp	1 cp
Grain	1/2 oz. eq.	1/2 oz. eq.	1 oz. eq.
Fruit	1/4 cp	1/2 cp	1/2 cp
Meat	1 oz.	1.5 oz.	2 oz.

Snack	1-2	3-5	6+
Ages	1-2	3-5	6+
Milk	1/2 cp	3/4 cp	1 cp
Grain	1/2 oz. eq.	1/2 oz. eq.	1 oz. eq.
Fruit	1/4 cp	1/2 cp	1/2 cp
Meat	1 oz.	1.5 oz.	2 oz.

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1	Waffles, Melon Slices, Milk
	Meat Loaf, Mashed Potatoes, <u>Whole Grain Bread</u> , Mixed Fruit, Milk
	<u>Graham Crackers</u> , Yogurt, Water
	Cheese Nips, Water
	Week 5

2	Raisin Bread Cream Cheese, Banana, Milk
	<u>Ham &amp; Cheese Wrap with Whole Grain Tortilla</u> , Lettuce & Tomato, Orange Slices, Milk
	Carrot Sticks w/Ranch Dressing, Wheat Thins, Water
	Chicken N Biskit Crackers, Water

5	Kix Cereal, Mandarin Oranges, Milk
	Chicken Nuggets, <u>Brown Rice</u> , Corn/Carrots, Pineapple Chunks, Milk
	Ritz Crackers, Sliced Cheese, Water
	Graham Crackers, Water
	Week 1

6	<u>Whole Grain Cinnamon Toast</u> , Applesauce, Milk
	Beef & Macaroni, Oranges Slices, Mik
	Bagels Cream Cheese, Grape Juice/Milk
	Saltine Crackers, Water

7	Biscuit w/Jelly, Banana, Milk
	<u>Turkey Sandwich on Whole Grain Bread</u> , Lettuce & Tomato, Cantaloupe, Milk
	Vanilla Yogurt, Peaches, Water
	Goldfish Crackers, Water

8	English Muffin w/Cream Cheese, Pineapple, Milk
	Chicken & <u>Brwon Rice</u> , Mixed Vegetables, Mandarin Oranges, Milk
	Graham Crackers, Applesauce, Water
	Cheese Nips, Water

9	Corn Chex Cereal, Peaches, Milk
	<u>Grilled Ham &amp; Cheese on Whole Grain Bread</u> , Pear Slices, Veggie Sticks, Milk
	Goldfish Crackers, Mixed Fruit, Water
	Vanilla Wafer, Water

12	<u>Cheerios</u> , Peaches, Milk
	Macaroni & Cheese w/Ham, Green, Mixed Fruit, Milk
	Cottage Cheese, Pineapple, Water
	<u>Wheat Thins</u> , Water
	Week 2

13	Yogurt & Granola, Banana, Milk
	Beef/Cheese & Rigatoni, Broccoli, Peaches, <u>Whole Grain Bread</u> , Milk
	Saltine Crackers, Melon Slices, Water
	Ritz Crackers, Water

14	Scrambled Eggs & Cheese, Pears, <u>Whole Grain Tortilla</u> , Milk
	Tuna Salad Sandwich on <u>Whole Grain Bread</u> , Cheese, Cucumber, Lettuce, Apple Slices. Milk
	Saltine Crackers, Water
	Vanilla Wafer, Water

15	<u>Oatmeal</u> , Mandarin Oranges, Milk
	Taco Salad, Seasoned Beef, Lettuce & Tomato, Pineapple, Tortilla Chips, Milk
	Banana Muffin, Milk
	Chicken N Biskit Crackers, Water

16	Waffles, Applesauce, Milk
	Teriyaki Chicken, <u>Brown Rice</u> , Mixed Vegetables. Mixed Fruit, Milk
	Carrot Sticks w/ Ranch, <u>Wheat Thins</u> , Water
	Graham Crackers, Water

19	Rice Cereal, Diced Pear, Milk
	<u>Terivaki Burger on Whole Grain Bun</u> , French Fries, Mandarin Oranges, Milk
	Assorted Crackers, Yogurt, Water
	Wheat Thins, Water
	Week 3

20	<u>English Muffin</u> w/Cheese, Mandarin Oranges, Milk
	Kaula Pork & Cabbage, <u>Brown Rice</u> , Pineapple, Milk
	Goldfish Crackers, Cantaloupe, Water
	Goldfish, Water

21	Cream of Wheat, Peaches, Milk
	Turkey & Cheese <u>on Whole Grain Sandwich on Bread</u> , Lettuce, Tomato, Pineapple, Milk
	Cucumber Slices w/Ranch Dressing, Wheat Thins, Water
	Assorted Crackers, Water

22	Sweet Bread Toast, Banana Milk
	Shephard's Pie Mashed Potatoes, <u>Whole Grain Bread</u> , Broccoli, Pears, Milk
	Raisins Bread, Cream Cheese, Apple Juice/Milk
	Vanilla Wafers, Water

23	French Toast, Apple Sauce, Milk
	<u>Graham Crackers</u> , Yogurt, Water
	<b>Cheese Nips, Water</b>
	<b>CYP Closes at 1200 for Staff Training</b>

26	<b>CYP Closed in obersvance of Memorial Day</b>
	Week 4

27	Oatmeal, Mixed Fruit, Milk
	Conred Beef & Sandwich on <u>Whole Grain Bread</u> , Lettuce, tomato, banana,Milk
	Cottage Cheese, Peaches, Water
	Goldfish Crackers, Water

28	Rice Chex, Mandarin Oranges, Milk
	Chicken Strips, <u>Brown Rice</u> , Broccoli, Apple Slices, Milk
	Goldfish Crackers, Pears, Water
	Vanilla Wafers, Water

29	Waffles, Melon Slices, Milk
	Meat Loaf, Mashed Potatoes, <u>Whole Grains Bread</u> , Mixed Fruit, Milk
	Chicken in a Biskit Crackers, Melon Slices, Water
	<u>Wheat Thins</u> , Water

30	Whole Grain Cinnamon Toast, Oranges Slices, Milk
	Spaghetti with Meat Sauce, Tossed Salad, Melon, Bread Sticks, Milk
	Goldfish Crackers, Pears Slices, Milk
	Vanilla Wafers, Water