

STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION Resource to support a smooth trans			ransition on & off base.	
MAY 01	Welcome Aboard: New Arrivals Orientation		0900-1130	Base Chapel
MAY 08	Sponsorship Training		0900-0945	Bldg 579
MAY 08	Sponsorship Coordinator Training		1000-1045	Bldg 579
MAY 14	PCS & Moving Workshop		0830-1100	Bldg 579
MAY 28	PCS & Moving Workshop		0830-1100	Bldg 579
M-F	Lending Locker Services			Bldg 579
FOLLOW:	@MCBHIRRS			808.496.7786

MARINE CORPS FAMILY TEAM BUILDING Life skills, readiness and deployment support classes and				
workshops.				
MAY 06	Passport to Volunteering	1100-1200	Virtual	
MAY 06	Volunteer Ready	1200-1300	Virtual	
MAY 07	Family Care Plan & Readiness Binder	1130-1230	Virtual	
MAY 07	4 Lenses Temperament Workshop	0900-1100	Bldg 579	
MAY 12	UPFRP Command Team Advisor/Family Readiness Assistant Training	1030-1200	Bldg 579	
MAY 12	L.I.N.K.S. Foundations	1230-1730	Bldg 579	
MAY 13	UPFRP Command Team Advisor/Family Readiness Assistant Training	1400-1530	Bldg 579	
MAY 19	UPFRP Command Team Training	0830-0930	Bldg 579	
MAY 19-20	UPFRP Readiness Coordinator Training, 2 days	0830-1500	Bldg 579	
MAY 22	"Growing the Green" – Stress Management Workshop	1400-1500	Bldg 579	
			808.496.8848	

QR Code for Class Registration Form

NEW PARENT SUPPORT Support program for parents of newborns to 5 years			f newborns to 5 years old.
MAY 12	Baby Boot Camp *Registration required	0800-1600	Bldg 216
Mondays	Post Partum Support Group	1000-1100	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
2 nd & 4 th	Operation Dads	1130-1230	Bldg 216
Thursdays			
Fridays	Infant Massage – 4-week course *Registration required	1000-1100	Bldg 216
Fridays	WIC every Friday *Call 808-259-7940 for appt	1000-1500	Bldg 219, Classroom 106
FOLLOW:	@MCBHNEWPARENT		808.496.8803

FINANCIAL MANAGEMENT Learn how to manage money and achieve financial success.			
MAY 06 & 20	Thrift Savings Plan	0800-0930	Bldg 220
MAY 06 & 20	Promotion	1000-1100	Bldg 220
MAY 06 & 20	Continuation Pay	1100-1200	Bldg 220
MAY 06 & 20	Marriage and Money	1300-1400	Bldg 220
MAY 08	Renting a Home (meets SGT BAH Class requirement)	0900-1100	Bldg 220
MAY 13 & 27	Personal Readiness Seminar (PRS)	0900-1200	Bldg 220
MAY 15	Car Buying	1300-1400	Bldg 220
MAY 30	Improve Your Credit Score	1100-1200	Bldg 220
Wednesdays	Walk-in Finance Assistance at the Single Marine Center	0800-1230	Single Marine Center
Thursdays	Camp Smith Office *Must call 808-496-7783 for appt	0800-1200	Rm 116 Camp Smith
808.496.7783			





FAMILY MEMBER EMPLOYMENT Employment readiness workshops, classes & resources.			
MAY 07	Ten Steps to a Federal Jobs Class *Register by email	0830-1130	Bldg 219, Classroom 106
MAY 07	Federal Employment & Navigating USAJobs Class *Register by email	1300-1530	Bldg 219, Classroom 106
MAY 21	Civilian Resume Writing Workshop *Register by email	0830-1130	Bldg 579
MAY 21	Interview Skills Workshop *Register by email	1300-1530	Bldg 579
E: OMBKbayFmeapHI@USMC-MCCS.ORG 808.496.2653			

EXCEPTIONAL FAMILY MEMBER PROGRAM Workshops & events for exceptional family members.			
MAY 08	Respite Care *Must RSVP by email or phone a day before	1000	Virtual on Teams
MAY 21	Sensory-friendly Storytime w/ songs & movement activities	1000	Bldg 219, Classroom 106
MAY 22	Early Intervention Overview	1030	Bldg 219, Classroom 106
Tuesdays	Family Case Worker support services at KBay Health Clinic to assist with questions and DD2792 form completion/submissions.	0830-1130	Health Clinic, Kbay – Bldg 6905
FOLLOW:	@EFMPHAWAII E: MCBH.EFMP@USMC.MIL	•	808.496.0290

COUNSELING/PREVENTION Counseling and support services and workshops.			
MAY 05-06	SACC – Prime for Life 4/20	0800-1500	Bldg 279
MAY 07-09	SACC – Prime for Life 16.0	0800-1500	Bldg 279
MAY 09	CCP – S.O.S Helping Loved Ones in Distress	0830-0930	Bldg 216
MAY 16	CCP – Relationship Workshop	0830-0930	Bldg 216
MAY 19	SACC – Prime for Life 4.5	0730-1200	Bldg 279
MAY 20	SACC – UPC Course	0800-1130	Bldg 279
MAY 21-23	SACC – Prime for Life 16.0	0800-1500	Bldg 279
MAY 23	CCP – Kids Have Love Languages Too!	0830-0930	Bldg 216
MAY 29-30	CCP – ASIST: Suicide Prevention Training *Call 808-496-7780/8803 to register	0830-1600	TBD
MAY 30	CCP – Dynamics of Parenting: Sports Edition	0830-0930	Bldg 216
Mondays	Married & Loving it *Call 808-496-7780/8803 to register	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar 0-12 *Call 808-496-7780/8803 to register	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar Teen *Call 808-496-7780/8803 to register	1300-1430	Bldg 216
Tuesdays	Emotional Intelligence Workshop (Anger Management) Must register by calling 808-496-3955	0900-1030	Bldg 216
Thursdays	Warrior Maintenance Stress Management Must register by calling 808-496-3955	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	1000-1400	Bldg 216
FOLLOW:	@MCBHAWAIIBH		808.496.7780

EDUCATION CENTER Programs, resources, workshops and services to help you succeed.		ices to help you succeed.	
MAY 01	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
MAY 05	MyCAA: My Career Advancement Account Military Spouse Grant Workshop	1130-1230	Bldg 220
MAY 08	DLAB & DLPT Foreign Language Exams	0900-1500	Bldg 220
MAY 15	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
MAY 20	Higher Education 101: Intro to Higher Ed	1130-1230	Bldg 220
MAY 27	MASP: Military Academic Skills Program	0800-1600	Bldg 220
Wednesdays	TA 101	1130-1230	Bldg 220
Fridays	FAFSA Friday!	1130-1230	Bldg 220
FOLLOW:	@MCBHEDUCATION		808.496.2158