



MONTHLY

SEMPER DISCENS

2025 UPCOMING MCCS EVENTS MARCH 2025 UPDATE



STAY CONNECTED:
HAWAII.USMC-MCCS.ORG

MCCS HAWAII
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FOR THE COMMUNITY

STARS - TRANSITION CLASS FOR SPOUSES

WHAT TO EXPECT AFTER YOUR SERVICE MEMBER LEAVES SERVICE

Who: Open to spouses of all branches.

When: Thursday, March 27, 0900-1200

Where: Bldg 579, Reed Road

Why: Are you ready? Want to know about what to expect? Do you have questions about how things will change financially? Healthcare? Learn about VA services and other local resources available.



MUST REGISTER TO ATTEND. Questions? 808-257-2653

To register, email OMBKbayFmeapHI@USMC-MCCS.ORG

NEW MILITARY BENEFIT: SAVE MONEY WITH FLEXIBLE SPENDING ACCOUNTS

PAY FOR HEALTHCARE WITH PRETAX DOLLARS!

Who: Service members and their families

When: Open Enrollment runs from March 3-31.

Why: Save money.

It is the first time that a healthcare FSA (allowing Service Members to pay for up to \$3300 in healthcare related items with pretax dollars) is available to the military!

Questions? PFMP can help. If you want to better understand how it could help reduce taxable income, visit the Financial Counselors in Building 220 or call PFMP at (808) 496-7783.



VOLUNTEER - CHAMPION A CAUSE

MAKE A SPLASH, MAKE A DIFFERENCE

Help raise awareness for the causes and campaigns during April including Child Abuse Prevention Month, Month of the Military Child, Sexual Assault Awareness and Prevention Month, Volunteer Month and Alcohol Awareness Month.

INTERESTED IN VOLUNTEERING?

Help set up, break down, clean up, spread awareness, spread some color and cheer on walkers and runners in the first ever Color Run for a Cause at MCBH.

Volunteers will receive an LOA. Contact: ombkbyathletics@usmc-mccs.org or 808-254-7590

INTERESTED IN RUNNING?

Bring your friends and family, where every step helps raise awareness for important causes—let's make a colorful impact together! 2.5mi family-friendly fun run will be one to remember!

Saturday, April 12 at 0700, Starts at Dewey Square, MCBH



REGISTER





MARCH 2025 CALENDAR



STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION

Resource to support a smooth transition on & off base.

MAR 13	Welcome Aboard: New Arrivals Orientation	0900-1130	Base Chapel
MAR 12	PCS & Moving Workshop	0830-1100	Base Chapel
MAR 20	Sponsorship Training	0900-0945	Bldg 579
MAR 20	Sponsorship Coordinator Training	1000-1045	Bldg 579
MAR 26	PCS & Moving Workshop	0830-1100	Base Chapel
M-F	Lending Locker Services		Bldg 579
FOLLOW:	@MCBHIRRS		808.496.7786

MARINE CORPS FAMILY TEAM BUILDING

Life skills, readiness and deployment support classes and workshops.

MAR 04	Passport to Volunteering	1100-1200	Virtual
MAR 04	Volunteer Ready	1200-1300	Virtual
MAR 04	L.I.N.K.S. Foundations	0830-1330	Bldg 579
MAR 04	UPFRP Command Team Advisor/Family Readiness Assistant Training	1400-1530	Bldg 579
MAR 05	Family Care Plan & Readiness Binder	1130-1230	Virtual
MAR 17	UPFRP Command Team Training	0830-0930	Bldg 579
MAR 17	L.I.N.K.S. Foundations	0830-1330	Bldg 579
MAR 17	UPFRP Command Team Advisor/Family Readiness Assistant Training	1430-1600	Bldg 579
MAR 17-18	UPFRP Readiness Coordinator Training	0830-1500	Bldg 579
FOLLOW:	@MCFTBHAWAII		808.257.2657

FINANCIAL MANAGEMENT

Learn how to manage money and achieve financial success.

MAR 04 & 18	Thrift Savings Plan	0800-0930	Bldg 220
MAR 04 & 18	Promotion	1000-1100	Bldg 220
MAR 04 & 18	Continuation Pay	1100-1200	Bldg 220
MAR 04 & 18	Marriage and Money	1300-1500	Bldg 220
MAR 05	Command Financial Specialist (CFS) Forum (registration required)	1100-1300	Bldg 220
MAR 06	Renting a Home (meets SGT BAH Class requirement)	0900-1100	Bldg 220
MAR 11 & 25	Personal Readiness Seminar (PRS)	0900-1200	Bldg 220
MAR 14	Develop Your Spending Plan	1100-1200	Bldg 220
MAR 20	Car Buying	1300-1400	Bldg 220
MAR 27	Survivor Benefit Plan	1300-1400	Bldg 220
			808.496.7783

COUNSELING/PREVENTION

Counseling and support services and workshops.

MAR 03-04	SACC - Prime for Life 4/20	0800-1500	Bldg 279
MAR 05-06	SACC - Prime for Life 16.0	0800-1500	Bldg 279
MAR 19-20	SACC - Prime for Life 16.0	0800-1500	Bldg 279
MAR 25	SACC - UPC Course	0800-1130	Bldg 279
MAR 31	SACC - Prime for Life 4.5	0730-1200	Bldg 279
Tuesdays	Emotional Intelligence Workshop (Anger Management) Must register by calling 808-496-3955	0900-1030	Bldg 216
Thursdays	Warrior Maintenance Stress Management Must register by calling 808-496-3955	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216
FOLLOW:	@MCBHAWAIIIBH		808.496.7780



MARCH 2025 CALENDAR



STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirrs@usmc-mccs.org

EXCEPTIONAL FAMILY MEMBER PROGRAM		<i>Workshops & events for exceptional family members.</i>	
MAR 06	SSI/SSDI and Medicaid Waiver	1030	Virtual on Teams RSVP by calling or emailing
MAR 11	Establishing Permanent Dependency	1100	Virtual on Teams
MAR 19	Sensory-friendly Storytime – This Storytime includes songs and movement activities	1300	In person. Classroom 2 next to the EFMP Office
MAR 20	Special Needs Forum/Accessing Community Resources	1430	Virtual on Teams. RSVP by calling or emailing
Tuesdays	Family support services at Kaneohe Health Clinic	0830-1130	Health Clinic Kaneohe Bay – Bldg 6905
FOLLOW:	@EFMPHAWAII	E: MCBH.EFMP@USMC.MIL	808.496.0290

EDUCATION CENTER		<i>Programs, resources, workshops and services to help you succeed.</i>	
MAR 03	MyCAA	1130-1230	Bldg 220
MAR 06	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
MAR 13	DLAB & DLPT Foreign Language Exams	0900-1500	Bldg 220
MAR 17	MASP: Military Academic Skills Program	0800-1600	Bldg 220
MAR 18	Higher Education 101: Intro to Higher Ed	1130-1230	Bldg 220
MAR 20	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
Wednesdays	TA 101	1130-1230	Bldg 220
Fridays	FAFSA Friday!	1130-1230	Bldg 220
FOLLOW:	@MCBHEDUCATION		808.496.2158

NEW PARENT SUPPORT		<i>Support program for parents of newborns to 5 years old.</i>	
MAR 10	Baby Boot Camp *Registration required	0800-1600	Bldg 216
MAR 13 & 27	Operation Dads	1130-1230	Bldg 216
Mondays	*NEW GROUP* Post Partum Support Group <i>Call for questions</i>	1000-1100	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
Fridays	Infant Massage – 4-week course *Registration required	1000-1100	Bldg 216
Fridays	WIC every Friday *call 808-259-7940 for appt	1000-1500	Library classroom, 1st floor
FOLLOW:	@MCBHNEWPARENT		808.496.8803

FAMILY MEMBER EMPLOYMENT		<i>Employment readiness workshops, classes & resources.</i>	
MAR 05	Ten Steps to a Federal Jobs Class *Register by phone or email	0830-1130	Bldg 219, Rm 106
MAR 05	Federal Employment & Navigating USAJobs Class *Register by phone or email	1300-1530	Bldg 219, Rm 106
MAR 18	Civilian Resume Writing Workshop *Register by phone or email	0830-1130	Bldg 579
MAR 18	Interview Skills Workshop *Register by phone or email	1300-1530	Bldg 579
MAR 27	Spouse Transition and Readiness Seminar (STARS) *Register by phone or email	0900-1200	Bldg 579
E:	OMBKbayFmeapHI@USMC-MCCS.ORG		808.257.2653

FREE YOUTH BASEBALL CLINIC, FEB 28, 1700-1830 @ RISELEY FIELD

**AGES
10-12**

COACH KEKAI RIOS

- Kamehameha High School Varsity Player ('12-'15)
- 3x All State Hawaii Baseball ('13-'15)
- University of Hawaii Baseball ('16-'18)
- All Big West Conference Freshman Team
- Cape Cod League (2016)
- All-Conference Big West First Team (2018)
- Professional Baseball (7years)
 - MLB Draft Milwaukee Brewers (2018)
 - Milwaukee Brewers ('18-'21)
 - LA Dodgers (2022)
 - Toronto Blue Jays ('23-'24)



EQUIPMENT NEEDED:

- Batting Helmet
- Bat
- Glove
- Water Bottle

Register >>>



COACH CODIE PAIVA

- Kamehameha High School Varsity Player ('13-'15)
- 2x All State Hawaii Third Baseman
- University of Loyola Marymount ('15-'19)
- West Coast Conference Pitcher of the Year (2019)
- All West Coast Conference First Team (2019)
- West Coast Conference Tournament MVP (2019)
- UCLA Regional All Tournament Team (2019)
- Professional Baseball (4 years)
 - MLB Draft Miami Marlins (2019)
 - Independent Quebec Capitals ('21-'23)



*no dod or usmc endorsement intended



Questions: ombkbyathletics@usmc-mccs.org or 808-254-7590

SPRING SOCCER REGISTRATION - FEB 14 -MAR 14

Cost:

- 6 & Under / 8 & Under: \$60 per player
- 10 & Under / 13 & Under / 15 & Under: \$75 per player

Practices start week of March 31st

Games begin April 12th (7-8 games, weather permitting)

Volunteer coaches ALWAYS needed!

LOA's and discounts available.

Questions: Youth Sports Coordinator
808-254-7636



*no DoD or USMC endorsement intended.





WE'RE HIRING

MCX JOB FAIR — CAREER OPPORTUNITIES AT MCBH

Saturday, March 29, 1000 – 1400 | Main Exchange Courtyard

Take the next step in your career at the MCX Job Fair! Meet hiring managers, get help with the application process, and interview on the spot for Experience Specialist, Replenishment Specialist, and Sales Associate positions at the MCX Main Exchange, Marine Marts, and Warehouse. Starting pay is \$15 – \$19 and up per hour, with contingent job offers available the same day.

MCX employees receive competitive benefits, including:

- Military Spouse Preference Eligibility
- 401(k) Retirement Plan with up to a 5% employer match
- Retirement Plan with a lifetime monthly pension annuity after vesting
- Medical, Dental and Life Insurance
- Flexible Spending Accounts
- Short-Term Income Replacement Insurance
- Paid Sick and Vacation Time

MCX Hawaii is committed to enhancing the quality of life for Marines, their families, and the entire base community. Bring your resume and dress to impress!

Or visit careers.usmc-mccs.org, search “Hawaii Retail”, and apply today.

PRIORITY CHILD CARE & CHILD CARE DISCOUNTS

LOVE KIDS? AT LEAST 18 YEARS OLD? HIGH SCHOOL DIPLOMA?

Support military families with a fulfilling career with AMAZING CYP EMPLOYEE BENEFITS THAT INCLUDE:

- Priority child care
- 50% off child care for 1st child
- 20% for additional children
- Training and professional growth opportunities!

Go to the MCCS careers site

- 1) Search for “CDC”
- 2) Filter by location “Hawaii”



BOWL BIG, SAVE BIGGER — K-BAY LANES PLAY CARD SALE!

February 26 – April 14, 2025
Strike up the savings! Receive up to 50%
OFF a 60-Game Play Card*
before prices go up on April 15!

Play Card Sale (60-games):

- E5 & Below \$135
- E6 & Above \$155
- Civilian / DoD \$185

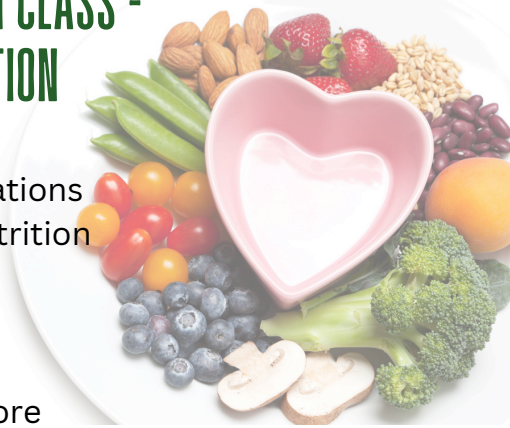
Visit K-Bay Lane's front desk or call (808)
254-7664 for details.

*Discount taken on current regular open
play rates. Other restrictions may apply.

2-DAY NUTRITION CLASS - #MISSIONNUTRITION

Topics covered:

- *Nutrition Foundations
- *Performance Nutrition
- *Supplements
- *Food Safety
- *Ergogenic Aids
- *Metabolism & More



2025 DATES:

- Mar 10-11
- May 12-13
- July 14-15, Sept 8-9



Registration Form

Questions? 808-257-2653

e: KbayHealthPromotions@usmc-mccs.org

LOCK IN YOUR SAVINGS — GOLF PLAY CARD SALE!

February 26 – April 14, 2025
Score 15% OFF a 20-round Golf Play
Card at the Klipper Golf
Course before prices go up on April 15.

Play Card Sale (20-rounds):

- E5 & Below: \$289.00
- E6 to O3 / O4 & Above / VA / DoD / Fed
Civ: \$520.20
- Public Partners Program Civilian:
\$693.60

Call the Pro Shop at (808) 254-2107 for
details. See you at the Klipper!

*Discount taken on current regular
green free rates.

KLIPPER GLOW GOLF

Friday, March 14, Check-in 1745
Shotgun 1845

If you haven't tried Glow Golf, you're in for
a cosmic treat! Rally your 4-person team
and light up the night at the Klipper Golf
Course.

All hands are welcome! 9-holes of good fun
and a unique spin on the game.

Entry Fees:

- E5 & below \$20
- E6 - O3 \$27
- O4 & above and DoD Employees \$29
- Civilian Guests \$35

Registration ends on Wednesday, March 12.
Call (808) 254-2107 for more information.
See you at the Klipper!

O'DEVIL DOG'S PUB

Friday, March 14, 1630 – 2200

Everyone's Irish at O'Devil Dog's Pub! Join us for an early St. Paddy's celebration at the SNCO Rocker Room:

- Live Music: Martin & Kline bringing fiddle & guitar jams (1730–2030)
- Irish Buffet: Corned beef & cabbage, boiled potatoes –
– \$12/plate* \$6/plate for kids (Starts at 1700)
- Drinks: Green beer pitchers, Irish whiskey, Guinness, Car Bombs & more
- Costume Contest: Prizes up for grabs

Open to SNCOs, Officers, their Families** and Guests.

*One plate per person, while supplies last.

**Note, SNCO/Officer families (Children Welcomed) – must dine outside – not within Bar/Club.



DATE NIGHT AT THE ROCKER ROOM

Friday, March 28, 1630 – 2200

Taking care of the Homefront starts with Date Night. Reserve a table for you and your special someone to share a romantic four-course dinner in an intimate setting, then let the energy of Latin-jazz music set the mood as you hit the dance floor. Salsa lessons with MSgt Slaughter from 1845 to 1945 will bring you even closer with every step.

Four-Course Menu: \$55

Add Champagne for \$10

- First Course: Shrimp Cocktail
- Second Course: Market Greens with Papaya Dressing
- Third Course (Choose One):
 - 12oz Grilled Ribeye Steak with Compound Butter, Herb Roasted Fingerling Potatoes, and Creamed Spinach
 - Miso Glazed Cod served with Rice Pilaf and Steamed Vegetables
- Dessert Course: Chocolate Soufflé with Raspberry Coulis, Ala Mode

Seating is limited. Call now for reservations: (808) 254-7660.

Open to SNCOs, Officers, and their invited guests.

MARCH '25- MAY '25 CALENDAR

MARCH

- 8 CO Race Series: Na Alii 5k/10k
- 17 IM Sports: Men's/Women's Softball League
- 20 SMP Pool Tournament
- 29 HITT: "War Frank" Hero WOD
- 31 IM Sports: Soccer Season begins



APRIL

- 12 CO Race Series: Color Run for a Cause
- 17 SMP Pool Tournament
- 19 SMP Video Game Tournament
- 26 HITT: Manion Hero WOD



MAY

- 9 CO Race Series: Sunset Flightline
- 15 SMP Pool Tournament
- 26 THE MURPH Challenge



LEARN MORE ABOUT THE NA KOA CUP >>>



ONGOING EVENTS

Single Marine Program

- SMP Council Meetings
 - Senior Enlisted Advisor or alternate E8
 - Email kbaysmsp@usmc-mccs.org for dates
- Volunteer Opportunities
 - For dates: hawaii.usmc-mccs.org/smp
- SMSP Contact: 808-254-7593

OVERVIEW & CURRENT SCORES >>>



- Health Promotions Classes
 - Contact HP Educator: 808-254-7473
- SemperFit Gym Volunteer Opportunities
 - Contact 808-254-7597
- Beast Board ~ Make it onto the board
 - Contact 808-254-7473

LEARN HOW TO EARN POINTS >>>





UPCOMING RACES

NA ALI'I 5K/10K - SATURDAY, MAR 8

Great check-up before the Hapalua Half-Marathon!
Scenic and challenging 5k and 10k options.



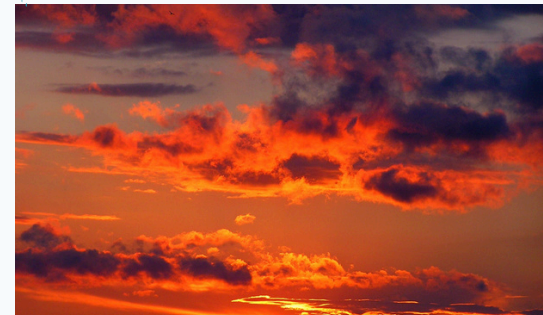
COLOR RUN FOR A CAUSE - SATURDAY, APRIL 12

Every step helps raise awareness for important causes like child abuse prevention and celebrating our military kids – let's make a colorful impact together!



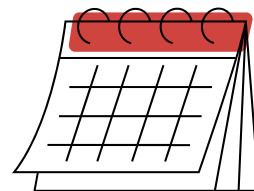
SUNSET FLIGHTLINE - FRIDAY, MAY 9

Join us for a beautiful sunset stroll on the famous MCBH flight line. Stroller-friendly run perfect for the whole family!



SAVE THE DATES FOR 2025

- Camp Smith Grueler - May 31
- Runway Run - July 4
- Bellows Rucksack Race - August 2
- Keiki & Adult Sprint Triathlon - Sept 13 & 14
- Turkey Trot 5k/10k - November 22
- Jingle Bell Jog - December 20



REGISTER



[Download 2025 CO Race Series Calendar](#)



Questions? P: 808-254-7590
E: ombkbayathletics@usmc-mccs.org



Follow @semperfithawaii

*Themes and date subject to change

*no DoD or USMC endorsement intended

“WAR FRANK” HERO WOD~ SAT, MAR 29

@ SGTMAJ PORTER FIELD @ 0900

In Memory of Capt Warren Frank
KIA 25 Nov 2008, Near Baiji, Iraq, in the Ninevah province

While a member of 5th Air Naval Gunfire Liaison Company (5th Anglico) “WarFrank” was on his 3rd deployment to Iraq as the OIC of Fire Control Team 4, 1st Brigade Platoon, 5th Anglico. He was killed while distributing humanitarian aid when he came under small-arms fire from an attacker dressed in an Iraqi soldiers uniform.

Lt. Consaul- “I did two combat deployments with Frank in 2005 and 2007 while he was an infantry platoon commander with V3/1 and I was a tank platoon commander. He had seen his share of combat and no one would have batted an eye if he had taken an “easy” B billet and gone to the schoolhouse or some other HQ billet. But he was dedicated to the service and asked to go to 5th Anglico, knowing full well it meant another deployment pretty quick. He was an outstanding Marine Officer, well respected by his marines and peers alike. He was caring, funny, helpful, competent, humble, a good friend, loving husband and father, and all around a great Marine. I miss him. He would have been a shoo-in for a Battalion Commander at this point.”



Registration highly encouraged, but not required for participation.



Workout (3 rounds for time):

- 50 Pull ups
- 75 Pushups
- 100 Squats
- 800M Run

THE MANION ~ SAT, APR 26



In Memory of Lt Travis Manion

Before his final deployment to Iraq, Travis left us with a simple but powerful ethos. “If Not Me, Then Who...” describes the sense of duty felt by service members and their families.

Workout:

7 Rounds for Time:

- 400m Run
- 29 Back Squats (135/95 lbs)

Scale by reducing back squat weight or rounds.

THE MURPH ~ MON, MAY 26



In Memory of Lt Michael Murphy

Murphy was a United States Navy SEAL officer who was awarded the U.S. military's highest decoration, the Medal of Honor, for his actions during the War in Afghanistan.

Workout:

- 1 Mile Run
 - 100 Pull-ups
 - 200 Push-ups
 - 300 Air Squats
 - 1 Mile Run
- Wear a vest (20/14 lbs) if possible.*
- Scale by reducing reps/assisted pushups.

MEN'S/WOMEN'S PAY TO PLAY SOFTBALL

Start date: March 17
Registration deadline: March 11
Coaches meeting: March 12
7 weeks, DoD only



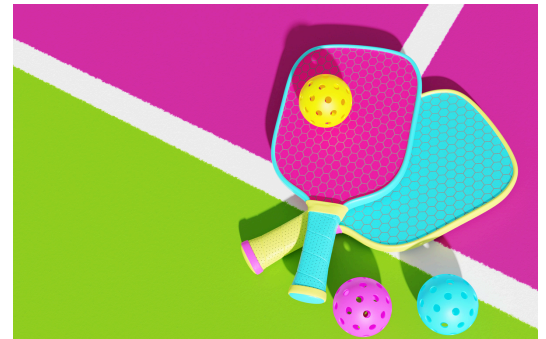
SOCCER SEASON

Start date: March 31
Registration deadline: March 25
Coaches meeting: March 26



FAMILY PICKLEBALL NIGHT (FREE)

Date: Fri, Apr 25 at 1700
MCBH Tennis Courts
- Open to families with kids of all ages & singles as well!
- King of the Court games, food trucks, raffles & prizes



UPCOMING INTRAMURAL EVENTS

Co-ed Softball Season
Start date: June 9
Registration deadline: June 3

Flag Football Season
Start date: August 11
Registration deadline: August 5

Volleyball Season
Start date: September 8
Registration deadline: September 2

SIGN UP TO GET UPDATES!



REGISTER ON LEAGUE APP

*DATES ARE SUBJECT TO CHANGE



Presented by



Coca-Cola HAWAII
A SUBSIDIARY OF THE DODOM CORPORATION

*no DoD or USMC endorsement intended

Questions: IM Sports Coordinator, 808-254-7591
ombkbyathletics@usmc-mccs.org



Follow [@semperfithawaii](https://www.instagram.com/semperfithawaii)



SINGLE MARINE PROGRAM

• OPEN TO ACTIVE-DUTY
SINGLE MARINE & SAILORS ONLY •

FEATURED ACTIVITY: FREE IRIE JERK LUNCH

Stop by the KBay Rec Center for a free lunch from Irie Jerk. Limited quantities available.

Wednesday, MARCH 26, 1100-1230
Kbay SMP Rec Center. No registration required.



FREE MOVIE NIGHT: A WORKING MAN

FREE PRE-RESERVED seats open to SINGLE, UNACCOMPANIED Marines & Sailors. Tickets limited. REGISTER NOW.



MARCH "FREE LUNCH & LIFE HACKS" SESSIONS

Mar 5 - Finding your Left & Right Lateral Limits, tools to protect your energy and priorities. Open to ALL E5 and below. Registration not required, but highly encouraged.



SPECIAL EVENTS:

- Boat License Day
- Chill & Grill (Camp Smith)
- March Madness
- SMP Free Lunch
- Whale Watching

Volunteer:

- AccesSurf
- Base Beach Clean-Up
- Hawaii Foodbank Senior Food Boxing
- Institute for Human Services
- Rec Center Field Day



MONTHLY CALENDAR



EVENT REGISTRATION



Council Meetings: Mar 11 and 25
Pool Tournament: Mar 20



Na Koa qualifying events:

- 1) Volunteer activities
- 2) E-8/higher attendance at Council Meeting
- 3) Pool & Video Game Tournaments

*no DoD or USMC endorsement intended



Presented by



Questions: 808-254-7593



Follow @hawaiismp



READY? PRE-DEPLOYMENT CHECKLIST

TASK CHECKLIST

- Time Together**
Quality time with loved ones
- Unit To-Do's**
See your URC/DRC for unit-specific checklist
- Health Care**
Family members enrolled in DEERS & Tricare
- Family Care Plan**
Ensure family taken cared of
- Pets**
Arrange caretaker, up to date records
- Home Preparation**
Maintenance, mail, lease
- Vehicle Preparations**
Storage, maintenance, lease
- Personal Security**
Family and friends apprised of OPSEC
- Information & Records**
Review, update and store. Legal documents.
- Wills & Powers of Attorney**
Power of attorney, wills...
- Emergency Planning**
Emergency contact information
- Military ID**
Valid military-issued IDs, updated info...
- Financial Plan**
Auto-pay? Savings deposit plan?
- Communication Plan**
How to communicate during deployment?
- Voting**
Registration? Absentee ballot?

DOCUMENTS CHECKLIST

Before you deploy, consider reviewing the following documents with someone you trust:

Financial

- Recent bank statements
- Credit card statements
- Leave & earnings statements
- Investment statements & earnings reports
- Monthly bills
- Tax forms from recent years

Legal

- Wills
- Power of attorney paperwork
- Birth certificates or adoption paperwork
- Marriage certificate or divorce papers

Health

- Medical history
- Health insurance paperwork
- Dependents' medical history
- Dependents' health insurance paperwork

Home

- Leasing agreement or deed
- Mortgage Agreement or paperwork
- Homeowner's or renter's insurance policy

Vehicle

- Registration & title
- Vehicle insurance policy
- Service & maintenance history

For full list go to militaryonesource