

2027 HITT COURSE DATES

SIGN UP AT THE SEMPER FIT CENTER, 808-254-7597

Semper Fit's High Intensity Tactical Training Program is a comprehensive, combat-focused Strength and Conditioning program specifically for Marines. HITT offers Marines elite resources, experts, and programs — all aimed to make Marines combat fit. Combat ready.

1 - 5 FEBRUARY	5 - 9 APRIL	7 - 11 JUNE
9 - 13 AUGUST	4 - 9 OCTOBER	6 - 10 DECEMBER

SCAN QR CODES FOR HITT LEVEL 1 & 2 APPLICATIONS:

HITT Level 1 Application

HITT Level 2 Application

MCCS SEMPER FIT

hawaii.usmc-mccs.org /SemperFitHawaii @SemperFitHawaii

Questions: **808-254-7620** or **kbaysemperfit@usmc-mccs.org**