

NOVEMBER 2026

CALENDAR

MARINE & Family

STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION

Resource to support a smooth transition on & off base.

NOV 04	PCS & Moving Workshop	0830-1100	Bldg 579
NOV 05	Welcome Aboard: New Arrivals Orientation	0900-1130	Base Chapel – Bldg 6677
NOV 18	PCS & Moving Workshop	0830-1100	Bldg 579
NOV 18	Sponsorship Training	1300-1345	Bldg 579
NOV 18	Sponsorship Coordinator Training	1400-1445	Bldg 579
M-F	Lending Locker Services		Bldg 579
Registration required for all classes/trainings/workshops			808.496.7786

COUNSELING/PREVENTION

Counseling and support services and workshops.

NOV 03-06	SACC – SACO Course	0800-1500	Bldg 279
NOV 24	SACC – UPC Course	0800-1130	Bldg 279
NOV 30	SACC – Prime for Life 4.5	0730-1200	Bldg 279
NOV 20	Cooperative Co-Parenting Workshop *Must register by calling 808-496-7780/8803	0800-1200	Bldg 216
NOV 27	Love Lab One-day Workshop *Must register by calling 808-496-7780/8803	0800-1600	Bldg 216
Tuesdays	Anger Management *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar 0-12 *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar Teen *Must register by calling 808-496-7780/8803	1300-1430	Bldg 216
Thursdays	Warrior Maintenance Stress Management *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216
CCP & FAP: 808.496.7780/8803			SACC: 808.496.2456

FINANCIAL MANAGEMENT

"Fall Forward into Financial Freedom."

NOV 03	Thrift Savings Plan (TSP)	0800-0900	Bldg 220
NOV 03	Continuation Pay	0900-1000	Bldg 220
NOV 03	Marriage & Money	1300-1430	Bldg 220
NOV 05	Car Buying	1300-1430	Bldg 220
NOV 06	Personal Readiness Seminar (PRS) – classroom limited to 45 attendees. *Please register using this QR code. 	0800-1600	Bldg 221, Rm 109
NOV 16	Holiday Workshop (with Marine Corps Family Team Building) Financial Planning for Success & Lower Stress *Please register using this QR code. 	0900-1100	Bldg 579
NOV 19	Credit Management Strategies	1300 – 1430	Bldg 220

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FAMILY MEMBER EMPLOYMENT

readiness workshops, classes & resources.

NOV 03	Ten Steps to a Federal Job® Class – <i>Break into Government Careers</i>	0830-1130	Bldg 220
NOV 03	Navigating USAJobs Class – <i>Explore & Find Federal Jobs Like a Pro</i>	1300-1600	Bldg 220
NOV 17	Résumé Essentials for Military Spouses – <i>Creating an Effective Resume</i>	0830-1230	Bldg 220
	REGISTER on Eventbrite or scan QR Code to receive event details	E: OMBKbayFmeapHI@USMC-MCCS.ORG	808.496.7097

EDUCATION CENTER

Programs, resources, workshops and services to help you succeed.

NOV 02	SpouseWorks Scholarship Monday (formerly MyCAA): <i>Stop by to learn about this education benefit to spouses of active-duty service members.</i>	1130-1230	Bldg 220
NOV 03	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
NOV 03	DLAB: Defense Language Aptitude Battery	0900-1100	Bldg 220
NOV 05	DLPT: Defense Language Proficiency Test	0900-1500	Bldg 220
NOV 06	G.I. Bill Workshop: <i>Learn about the G.I. Bill and essential information to help you and your family make the most of your VA education benefits.</i>	1130-1230	Bldg 220
NOV 17	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
NOV 17	DLAB: Defense Language Aptitude Battery	0900-1100	Bldg 220
NOV 19	DLPT: Defense Language Proficiency Test	0900-1500	Bldg 220
Wednesdays	Tuition Assistance 101: <i>Covers eligibility requirements, how TA works, and the educational benefits available to active-duty service members.</i>	1130-1230	Bldg 220
Fridays	FAFSA Friday: <i>Need help filling out FAFSA? Stop by to complete your FAFSA application form.</i>	1130-1230	Bldg 220
808.496.2158			

EXCEPTIONAL FAMILY MEMBER PROGRAM

Workshops & events for exceptional family members.

NOV 12	Command Leadership Training	1000	Bldg 219, Rm 107
NOV 18	Sensory Storytime in partnership with MCBH Library	1000	Bldg 219, Rm 107
EVERY TUESDAY	EFMP Family Case Worker support services at KBay Health Clinic to assist with questions and DD2792 form completion/submissions.	0830-1130	Health Clinic, Kbay – Bldg 6905
FOLLOW:	@EFMPHAWAII	E: MCBH.EFMP@USMC.MIL	808.496.0290

NEW PARENT SUPPORT

Support program for parents of newborns to 5 years old.

NOV 09	Baby Boot Camp *limited spots call to register	0815-1630	Bldg 216
Mondays	Bump to Baby Hui – <i>Pregnancy /Postpartum Support Group</i>	1000-1100	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
2nd & 4th Thursdays	Operation Dads	1130-1230	Bldg 216
Fridays	Baby Café -Breastfeeding and nutrition support	0900-1100	Bldg 216
Fridays	WIC every Friday *Call 808-259-7940 for appt	1000-1500	Bldg 219, Rm 106
FOLLOW:	@MCBHNEWPARENT	808.496.7780/8803	

TRANSITION READINESS

Transition counseling, resources & education for active duty.

NOV 03	SkillBridge & NCMIS Application Brief No registration Required	1230-1400	SMP – Bldg 1629
NOV 12	Career & SkillBridge Expo No Registration Required	1300-1500	Bldg 1196
NOV 17	SkillBridge & NCMIS Application Brief No Registration Required	1230-1400	Bldg 220, Rm F
E: MCBH.TRP.INQUIRY.SMB@USMC.MIL			808.496.4910

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MARINE & Family

MARINE CORPS FAMILY TEAM BUILDING

Life skills, readiness and deployment support classes and workshops.

NOV 02	L.I.N.K.S. Foundations Part 1 – <i>The Maze</i>	0815-1130	Bldg 579
NOV 03	L.I.N.K.S. Foundations Part 2 – <i>The Corps</i>	0815-1130	Bldg 579
NOV 10	OPSEC/PII Training — <i>What is OPSEC and PII? And how to protect it. *This is NOT an Active Duty or DoW Employee Training, this is an annual requirement for Volunteers or those interested in learning how to protect themselves and their Service Members better*</i>	0830-0930	Bldg 579
NOV 10	UPFRP Command Team Advisor/Family Readiness Assistant Training — <i>This training will cover all required training for newly appointed volunteers (EXCEPT L.I.N.K.S. Foundations)</i>	0830-1100	Bldg 579
NOV 16	LifeSkills: Holiday Workshop — <i>Financial Planning for Success & Lower Stress: all JOY, no REGRETS! Stress Management during the holiday spending and family season!</i>	0900-1100	Bldg 579
NOV 18	What's In Your Family Care Plan? and Readiness Handbook Workshop — <i>Understanding what should be in a family care plan and why it is important and learning how to organize your "life binder"</i>	0830-0930	Virtual
NOV 18	Passport to Volunteering — <i>For new volunteers interested in tracking hours.</i>	1000-1100	Bldg 579
NOV 19	CTA/FRA Quarterly Roundtable – <i>Provide an opportunity for professional development, networking, and collaboration. Participants will receive UPFRP updates, share best practices, discuss challenges, strengthen their knowledge of available resources, and exchange ideas to enhance Unit, Personal & Family Readiness Program support across the installation.</i>	0930-1200	Bldg 579
NOV 19	LifeSkills: Inner Balance- Anger Management: <i>Understand the causes of anger, recognize personal triggers, and develop healthy techniques to manage emotions, communicate effectively, and respond to conflict in positive, productive ways</i>	1300-1500	Bldg 579
NOV 20	LifeSkills: Four Lenses – <i>helps participants better understand personality styles, communication preferences, and relationship dynamics to build stronger connections in both personal and professional settings.</i>	0830-1030	Bldg 579
	QR Code for Class Registration Form—All monthly classes		808.496.2650