



Presented by



Coca-Cola HAWAII
BOTTLING OF
A SUBSIDIARY OF THE ODOM CORPORATION

AUGUST '25- OCTOBER '25 CALENDAR

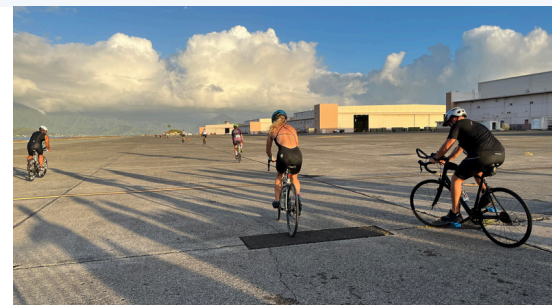
AUGUST

- 2 CO Race Series: Bellows Rucksack Race
- 11 IM Sports: Flag Football Starts
- 12-15 4v4 Sand Volleyball Tournament (Summer Series)
- 20-21 Track & Field (Summer Series)
- 21 SMP Pool Tournament (no registration)
- 22 Alcohol Awareness Commercial Due (Summer Series)
- 29 HITT: Zembiec HERO WOD



SEPTEMBER

- 8 IM Sports: Volleyball Season Starts
- 13-14 CO Race Series: Tradewind Triathlon
- 18 SMP Pool Tournament
- 26 HITT: Hero WOD



OCTOBER

- 16 SMP Pool Tournament
- 17 CO Race Series: Norwegian Foot March
- 18 SMP Video Game Tournament
- 31 HITT: Hero WOD



ONGOING EVENTS

Single Marine Program

SMP Council Meetings

- Senior Enlisted Advisor or alternate E8
 - Email kbaysmsp@usmc-mccs.org for dates
- Volunteer Opportunities

- For dates: hawaii.usmc-mccs.org/smp

SMSP Contact: 808-254-7593

Follow [@semperfithawaii](https://www.instagram.com/semperfithawaii) on IG or FB

CURRENT UNIT STANDINGS



Health Promotions Classes

- Contact HP Educator: 808-254-7473

SemperFit Gym Volunteer Opportunities

- Contact 808-254-7597

Beast Board ~ Make it onto the board

- Contact 808-254-7473

HOW TO EARN POINTS



LEARN MORE ABOUT THE NA KOA CUP



YEARLONG UNIT COMPETITION FOR PRIDE & PRIZES



NA KOA QUESTIONS: 808-254-7590

No DoD or USMC endorsement intended.
Schedule subject to change.