

DECEMBER 2025

Child & Youth Programs

	Monday	Tuesday	Wednesday	Thursday	Friday
h	Kix Cereal, Mandarin Oranges, Milk Teddy Grahams, Grapes, Water Swirl Bread, Water Week 1	Whole Grain-Cinnamon Toast, Applesauce, Milk Wheat Thins, Dried Fruit, Cheese Stick, Water Saltine Crackers, Water	French Toast Sticks, Mixed Fruit, Milk Sunflower Butter& Jelly on Whole Grain on Tortilla, Milk Goldfish Crackers, Water	Sausage Patty, Biscuit, Blueberries 4 Milk Ham & Cheese, Tea & Roll, Water Cheese Nips, Water	English Muffins w/Cheese, Pineapple, Milk Bagel w/Cream Cheese, Grape Juice Vanilla Wafers, Water
	Multi-Grain Cheerios, Peaches, Milk Pretzels, Cheese Sticks, Water Chicken N Biskit, Water Week 2	Raisin Bread w/Cream Cheese, Banana, Milk Egg Salad Sandwich on Whole Grain Bread, Apple Juice Ritz Crackers, Water	Oatmeal, Mandarin Oranges, Milk Cheese Nips, Mixed Fruit, Water Vanilla Wafers, Water	Scramble Eggs & Cheese, Pears Whole Grain Toast, Milk Banana Muffin, Milk Wheat Thins, Water	Waffles, Strawberries, Milk Carrot Sticks w/Ranch, Whole Grain Ritz Crackers. Water Graham Cracker, Water
As	Six Cereal, Apple Slices, Milk Swirl Bread w/Cream Cheese, Apple Juice Wheat Thins, Water Week 3	English Muffin w/Jelly, Pineapple, Milk Teddy Grahams, Mixed Fruit, Water Goldfish Cracker, Water	Yogurt, Granola, Blueberries Milk Turkey & Cheese on Whole Grain Tortilla, Water Assorted Crackers, Water	Hardboiled Eggs, Whole Grain Toast w/Jelly, Oranges Slices, Milk Breadsticks w/Marinara, Cheese Sticks, Water Vanilla Wafers, Water	Whole Grain Cinnamon Toast, Banana, Water Chicken N Biskit Crackers, Watermelon, Water Cheese Nips, Water
	Multi-Grain Cheerios, Mixed Fruit, Milk Saltine Crackers, Cheese & Ham Slices, Water Chicken N Biskit Crackers, Week 4	French Toast Sticks, Mandarin Oranges, Milk Sunflower Butter & Jelly on Whole Grain Tortilla, Milk Saltines Crackers, Water	Oatmeal, Apple Slices, Milk Goldfish Crackers, Pears, Water CYP Closes at Noon	Holiday, Center Closed	Sausage Patty, Biscuit, Melon, Milk Carrot Sticks w/Ranch, Whole Grain Ritz Crackers, Water Cheese Nips, Water
	Kix Cereal, Pears, Milk Taco Chips, Shredded Cheese, Salsa, Water Teddy Grahams, Water Week 5	Bagels w/Cream Cheese, Pineapple Chunks, Milk Egg Salad Sandwich on Whole Grain Bread, Apple Juice Whole Grain Ritz Crackers, Water	Scrambled Eggs w/Cheese, Mandrin Oranges, Whole Grain Tortilla, Milk Blueberry Muffin, Grape Juice Cheese Nips, Water	Breakfast: 1-2 3-5 6+ Milk 1/2 cp 3/4 Cp lop M Grain 1/2 oz. 1/2 oz. Eq. 1 oz. Eq. 1 oz. Eq. 1 oz. Eq. N Fruit 1/2 oz. 1/2 oz. Eq. 1 oz. Eq. N N	Sunch 1-2 3-5 6+ Snack 1-2 3-5 iilk

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