



MCCS HAWAII

MONTHLY NEWSLETTER

JANUARY 2026

VISIT OUR [MCCS HAWAII LINKTR.EE](https://linktr.ee/MCCSHAWAII)
STAY CONNECTED: [HAWAII.USMC-MCCS.ORG](https://hawaii.usmc-mccs.org)



TEEN TOOLBOX

**FRIDAYS, JANUARY 9 - FEBRUARY 27,
1600 - 1700, Library Classroom**

Join us for a fun and interactive class series designed just for tweens aged 10-13! Learn essential skills to help you navigate life as you grow up, including financial literacy, basic CPR, and how to care for the environment.

SUMMER JAM

**TUESDAY, JANUARY 6, 0900 - 1800,
Library Children's Area**

Beat the winter blues with Summer Jam! Join us for games, crafts, and a live virtual dance party with Turtle Dance Music! This full day of fun will take place in the library's children's area—featuring hands-on crafts, engaging games, and activities for kids. The highlight of the day will be a live virtual interactive concert with Turtle Dance Music at 1:00PM, where kids can dance, sing, and laugh along with a high-energy performance streamed on the big screen!

Scan the QR code below to follow [@mcbhfamily](#) for updates on upcoming events and programs.



SPOUSE TRANSITION AND READINESS SEMINAR (STARS)



SPOUSES! Thinking of Separating?
Planning to Retire?
Attend STARS to Prepare Your Family
for Post-Military Life
Learn about the BIG CHANGES to
benefits, budgets and more!

- **Transition Affects You Too:** Separating or Retiring from the Corps is not just paperwork and protocols for service members. It means BIG CHANGES for the whole family.
- **Start Early:** Attend anytime, even years before separation or retirement. Early means more time to plan, ask questions, and ensure your family is financially and emotionally ready.
- **Get the facts firsthand:** This workshop gives spouses clear, accurate info—no middleman needed. Learn the full picture about benefits, healthcare, finances, and more directly from the experts.
- **Plan Together or Solo:** Attend together or by yourself! Service members are welcome to join!

Upcoming 2026 STARS Dates: 1/29, 4/23, 7/23, 10/22



YOUTH SPORTS

Spring Soccer (Ages 5 - 16):
Registration Jan 24 - March 1
Practices begin March 23
Games begin: April 1

FUN AND RECREATION



SNCO CLUB'S "FIRST" FRIDAY - NOW ON THE SECOND FRIDAY THIS MONTH ONLY!

FRIDAY, JANUARY 9, 1630, SNCO Club Rocker Room

Yes, you read that right! The holiday shuffle moves First Friday to Friday, January 9, 2026.

- Hours from 1630 - 2200
- Karaoke starts at 1900
- Free Pupus at 2000 (while supplies last)

Don't miss our "first" event of the year! Open to SNCOs, Officers, and their invited guests.



KLIPPER GOLF COURSE DEMO DAY

SATURDAY, JANUARY 3, 1000-1400

Get ready to dial in your game at the Klipper Golf Course's first Demo Day of the year, featuring premium golf brand PXG. Golfers will have the opportunity to test PXG clubs firsthand, get expert insight, and find the right fit before you buy.



MCX CASH ROUNDING

Due to the U.S. Mint's discontinuation of penny production, MCX will implement cash rounding at the register for cash transactions only. Prices will remain unchanged, and credit and debit payments will not be affected.

Cash Rounding Method

Cash change is rounded to the nearest 5 cents:

- 0¢ or 5¢ → no rounding
- 1¢-2¢ → rounds down
- 3¢-4¢ → rounds up
- 6¢-7¢ → rounds down
- 8¢-9¢ → rounds up

Full implementation is planned for January 1, 2026.

Date subject to change.



JANUARY 2026 CALENDAR

MARINE & Family

STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirs@usmc-mccs.org

INFORMATION REFERRAL & RELOCATION

Resource to support a smooth transition on & off base.

JAN 08	Welcome Aboard: New Arrivals Orientation	0900-1130	Base Chapel
JAN 14	PCS & Moving Workshop	0830-1100	Bldg 579
JAN 14	Sponsorship Training	1300-1345	Bldg 579
JAN 14	Sponsorship Coordinator Training	1400-1445	Bldg 579
M-F	Lending Locker Services		Bldg 579

808.496.7786

MARINE CORPS FAMILY TEAM BUILDING

Life skills, readiness and deployment support classes and workshops.

JAN 05	L.I.N.K.S. for KIDS , ages 6-11 – Base Safety, Cybersecurity, & Fitness	0900-1100	Bldg 579
JAN 05	L.I.N.K.S. for TEENS , ages 12-17 – <i>Base Safety, Ed. Center, Fitness & more!</i>	1300-1500	Bldg 579
JAN 06	L.I.N.K.S. Foundations – <i>Marine Corps ~ Military 101</i>	0800-1600	Bldg 579
JAN 08	LifeSkills: Bridging the Generation Gap – <i>Cross-Generational Insights!</i>	0900-1100	Bldg 579
JAN 13	UPFRP Command Team Advisor/Family Readiness Assistant Training	0900-1100	Bldg 579
JAN 16	LifeSkills: Four Lenses Workshop – <i>Understanding personality types</i>	0830-1130	Bldg 579
JAN 21	What's In Your Family Care Plan? and Readiness Handbook Workshop	0830-0930	Virtual
JAN 21	Passport to Volunteering – <i>For new volunteers</i>	1000-1100	Virtual
JAN 22	LifeSkills: Real Relationships – <i>For ALL relationship types!</i>	1300-1500	Bldg 579
JAN 26	UPFRP Command Team Training	0830-0930	Bldg 579
JAN 26-27	UPFRP Uniformed Readiness Coordinator Training, 2 days	0830-1500	Bldg 579



QR Code for Class Registration Form

808.496.8848

Registration for L.I.N.K.S.—KIDS: <https://forms.osi.apps.mil/r/NkJ1ySESB6> TEENS: <https://forms.osi.apps.mil/r/2csuGbaqT5>

NEW PARENT SUPPORT

Support program for parents of newborns to 5 years old.

Mondays	Post Partum Support Group	1000-1100	Bldg 216
Tuesdays	Bump & Bloom <i>Pregnancy Support Group</i>	0900-1000	Bldg 216
Tuesdays	Play Mornings	0900-1030	Bldg 216
2nd & 4th Thursdays	Operation Dads	1130-1230	Bldg 216
Fridays	WIC every Friday *Call 808-259-7940 for appt	1000-1500	Bldg 219, Classroom 106

FOLLOW: @MCBHNEWPARENT

808.496.8803

EDUCATION CENTER

Programs, resources, workshops and services to help you succeed.


JAN 05	MyCAA Monday!	1130-1230	Bldg 220
JAN 06	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
JAN 08	DLAB & DLPT Foreign Language Exams	0900-1500	Bldg 220
JAN 20	AFCT: Armed Forces Classification Test	0900-1200	Bldg 220
JAN 22	DLAB & DLPT Foreign Language Exams	0900-1500	Bldg 220
Wednesdays	TA 101	1130-1230	Bldg 220
Fridays	FAFSA Friday!	1130-1230	Bldg 220

808.496.2158

JANUARY 2026

CALENDAR

MARINE & Family

FAMILY MEMBER EMPLOYMENT		Employment readiness workshops, classes & resources.	
JAN 07	Navigating USAJobs Class	0830-1130	Bldg 220
JAN 07	Ten Steps to a Federal Job® Class	1300-1600	Bldg 220
JAN 21	Civilian Resume Writing Workshop	0830-1130	Bldg 220
JAN 21	Interview Skills Workshop	1300-1530	Bldg 220
JAN 29	Spouse Transition and Readiness Seminar (STARS)	0830-1230	Bldg 579
	REGISTER on Eventbrite or scan QR Code to receive event details	E: OMBKbayFmeapHI@USMC-MCCS.ORG	808.496.7097

EXCEPTIONAL FAMILY MEMBER PROGRAM		Workshops & events for exceptional family members.	
JAN 15	Accessing Community Resources – Virtual - Registration Required	1000	Call or email to register
JAN 21	Sensory-Friendly Storytime	1000	Bldg 219, Classroom 106
Tuesdays	Family Case Worker support services at KBay Health Clinic to assist with questions and DD2792 form completion/submissions.	0830-1130	Health Clinic, Kbay – Bldg 6905
FOLLOW: @EFMPHAWAII		E: MCBH.EFMP@USMC.MIL	808.496.0290

COUNSELING/PREVENTION		Counseling and support services and workshops.	
JAN 14-16	SACC – Prime for Life 16.0	0800-1500	Bldg 279
JAN 20	SACC – UPC Course	0800-1130	Bldg 279
JAN 21-23	SACC – Prime for Life 16.0	0800-1500	Bldg 279
JAN 26	SACC – Prime for Life 4.5	0730-1200	Bldg 279
Mondays	Making Marriage Work *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Tuesdays	Emotional Intelligence Workshop (Anger Management) *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar 0-12 *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar Teen *Must register by calling 808-496-7780/8803	1300-1430	Bldg 216
Thursdays	Warrior Maintenance Stress Management *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216
CCP & FAP: 808.496.7780/8803		SACC: 808.496.2456	

FINANCIAL MANAGEMENT		Learn how to manage money and achieve financial success.	
JAN 06	Thrift Savings Plan	0800-0900	Bldg 220
JAN 06	Continuation Pay	0900-1000	Bldg 220
JAN 06	Marriage and Money	1300-1430	Bldg 220
JAN 09	Wealth Building & Planning for Retirement	1100-1200	Bldg 220
JAN 22	Car Buying	1300-1400	Bldg 220
		808.496.7783	

JANUARY '26 - MARCH '26

NA KOA CALENDAR OF EVENTS



JANUARY

- 8 New Arrivals Orientation
- 9 Moonlight Run
- 12 IM Sports: Basketball League Starts
- 15 SMP Pool Tournament
- 17 SMP Video Game Tournament
- 27 IM Sports: Ultimate Frisbee League Starts
- 30 Bradley HERO WOD

FEBRUARY

- 5 New Arrivals Orientation
- 7 Sunrise & Shining Sea
- 19 SMP Pool Tournament
- 27 HERO WOD

MARCH

- 5 New Arrivals Orientation
- 14 Na Alii
- 19 SMP Pool Tournament
- 27 HERO WOD



LEARN MORE ABOUT THE NA KOA CUP

YEARLONG UNIT COMPETITION FOR PRIDE & PRIZES

Questions? (808) 254-7590

**Dates and times subject to change*



No DoD or USMC endorsement intended.

ONGOING

CO Race Series

Send a picture to Semper Fit of your CO and SgtMaj together at one of the races.

Contact: (808) 254-7590

Single Marine Program

- E8 or higher attend SMP Council Meetings
- Volunteer Opportunities

SMSP Contact: (808) 254-7593

Beast Board

Get on the board.

Contact: (808) 254-7473

Intramural Sports

Weekly Run Club. (Currently on hiatus)

Contact 808-254-7591

Health Promotions Classes

Contact HP Educator: (808) 254-7473

Semper Fit Gym

Volunteer Opportunities.

Contact: (808) 254-7597

Marine & Family Programs

- Attend a Marine Corps Family Team Building LifeSkills Class
- Attend any Personal Financial Management Program class
- Schedule in-unit Family Advocacy, New Parent Support, Community Counseling, or Substance Assessment Counseling Center brief/training
- Invite Family Advocacy Program or Substance Assessment Counseling Center to a unit event



**Current Unit
Standings & How
to Earn Points**

BRADLEY

JANUARY HERO WOD

FRIDAY, JANUARY 30, Sgt Maj Porter Field, 1200

In Honor of Sgt Bradley Atwell,

In honor of Sgt Bradley Atwell, died September 15, 2012. Serving During Operation Enduring Freedom 27, of Kokomo, Ind.; assigned to Marine Aviation Logistics Squadron 13, Marine Aircraft Group 13, 3rd Marine Aircraft Wing, I Marine Expeditionary Force (Forward); died Sept. 15 at Camp Bastion, Afghanistan, when insurgents breached the base using small arms and rocket-propelled grenade fire.

Workout: For Time (with 20/14 lb vest if possible)

100m Sprint; 10 Pull-Ups; 10 Burpees; Rest 30 sec



2026 HITT COURSE DATES

Feb 2 - 6, Apr 13 - 17, Jun 8 - 12, Aug 10-14, Oct 19 - 23, Dec 7 - 11

Sign up at the Semper Fit Center,
(808) 254-7597. Scan QR code for
Level 1 & 2 Applications.



COMMANDER'S
NA KOA
CUP

@SemperFitHawaii

Follow us on Social Media



Dates and times subject to change

Questions? (808) 254-7597

No DoD or USMC endorsement intended.

CO RACE SERIES

UPCOMING RACES

MCCS
SEMPER FIT

COMMANDER'S
NA KOA
CUP



Coca-Cola HAWAII
BOTTLED BY THE ODOM CORPORATION

@SemperFitHawaii

[LeagueApps Registration Link](#)

Na Koa: 10^{pts} Per Entry



Themes and dates subject to change

Questions? (808) 254-7590

ombkbayathletics@usmc-mccs.org

No DoD or USMC endorsement intended.

MOONLIGHT RUN 5K

FRIDAY, JANUARY 9

Kick off 2026 with an easy, breezy, beautiful run under the stars and Full Wolf Moon along the flight line.



SUNRISE & SHINING SEA 5K

SATURDAY, FEBRUARY 7

Wake up to a beautiful 5K sunrise run through the rolling green hills of the Klipper Golf Course.

NA ALI'I 5K/10K

MARCH 14

Are you Race Ready? Great test for the Hapalua with both 5k and 10k options!



SAVE THE DATES

- Color Run for a Cause, April 18
- Sunset Flightline 5k, May 8
- Camp Smith Grueler 5k, June 13

VIEW THE 2026 CO RACE SERIES CALENDAR



INTRAMURAL SPORTS



BASKETBALL SEASON

BEGINS JANUARY 12

- Coaches meeting January 7, registration ends January 6
- Unit based competition, for Na Koa Cup points
- Games played at the main Semper Fit gym
- Free for all- 14 teams max

ULTIMATE FRISBEE SEASON

BEGINS JANUARY 27

- Coaches meeting January 21, registration ends January 20
- Unit based competition, for Na Koa Cup points
- Games played at SgtMaj Porter field
- Free for all- 14 teams max

UPCOMING EVENTS:

Soccer, Registration Deadline ([LeagueApps](#)) 3/24/26

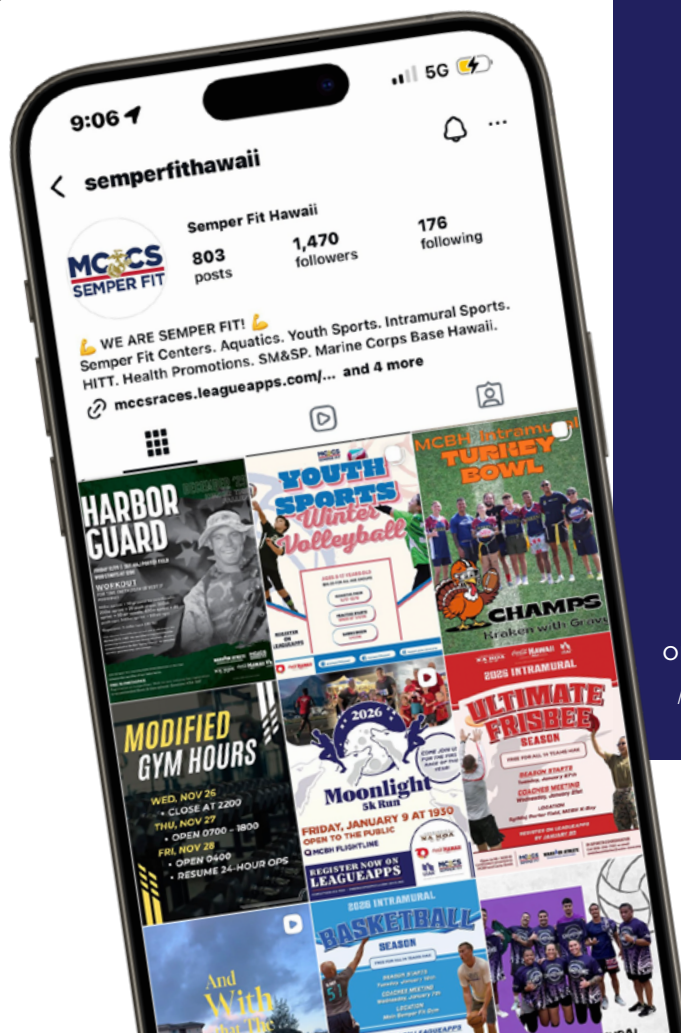
Softball, Registration Deadline ([LeagueApps](#)) 6/9/26

RUN CLUB

Run club will be taking a hiatus until further notice. Stay tuned.

STAY UP TO DATE WITH SEMPER FIT BY FOLLOWING US ON SOCIAL MEDIA

Get the latest updates on all things Semper Fit by following our Instagram @SemperFitHawaii, and Facebook /SemperFitHawaii.



COMMANDER'S
NA KOA CUP



Coca-Cola HAWAII
BOTTLED BY
A SUBSIDIARY OF THE CSDOM CORPORATION

@SemperFitHawaii

Register on LeagueApps

Sign up to get dates

*Dates subject to change



Contact IM Sports Coordinator:
(808) 254-7590 or email
ombkbayathletics@usmc-mccs.org

No DoD or USMC endorsement intended.

SINGLE MARINE PROGRAM

***OPEN TO ACTIVE-DUTY SINGLE MARINE & SAILORS ONLY**



FEATURED ACTIVITY

SATURDAY, JANUARY 17, Kbay SMP Rec Center

Super Smash Bros Video Game Tournament.
Na Koa Points and prizes for 1st and 2nd Place.

SPECIAL EVENTS

- New Year's Recovery Lounge
- Operation Taco Time (CS)
- Sunrise South Shore Tour

VOLUNTEER OPPORTUNITIES

- ☐ AccesSurf
- ☐ Gift Wrapping
- ☐ Hawaii Food Bank
- ☐ Institute for Human Services
- ☐ Make a Wish
- ☐ Jingle Rock Run
- ☐ Rec Center Field Day



SMP Eventbrite



SMP Calendar

NA KOA QUALIFYING EVENTS

1. E-8/higher attend Council Mtg (100pts)
1 max/unit, per mtg
2. Pool & Video Game Tournaments
1st 75pts, 2nd 50pts 3rd 25pts, 20pts/entry - 2 max/unit/event
3. Volunteer activities (10pts/activity)
2 max/unit/event



FREE MOVIE NIGHT

*FREE PRE-RESERVED seats open
to SINGLE, UNACCOMPANIED
Marines & Sailors. Tickets limited.*

REGISTER NOW

POOL TOURNAMENT 15 JANUARY

COUNCIL MEETINGS

13 & 27 January

Questions? 808-254-7593 | *Dates and times subject to change



No DoD or USMC endorsement intended.

Video Game Tournaments and
Movie Nights sponsored by:



*No DoD or USMC
endorsement intended.*

READY?

PRE-DEPLOYMENT CHECKLIST



TASK CHECKLIST

- ☐ Time Together
Quality time with loved ones
- ☐ Unit To-Dos
See your URC/DRC for unit-specific checklist
- ☐ Health Care
Family members enrolled in DEERS and Tricare
- ☐ Family Care Plan
Ensure family is taken care of
- ☐ Pets
Arrange caretaker, update records
- ☐ Home Preparation
Maintenance, mail, lease
- ☐ Vehicle Preparation
Storage, maintenance, lease
- ☐ Personal Security
Family and friends apprised of OPSEC
- ☐ Information and Records
Review, update and store legal documents
- ☐ Wills and Powers of Attorney
Wills, power of attorney
- ☐ Emergency Planning
Emergency contact information
- ☐ Military ID
Valid military-issued IDs. Update information
- ☐ Financial Plan
Auto-pay? Savings deposit plan?
- ☐ Communication Plan
How to communicate during deployment
- ☐ Voting
Registration? Absentee ballot?

DOCUMENTS CHECKLIST

Before you deploy, consider reviewing the following documents with someone you trust.

Financial

- ☐ Recent bank statements
- ☐ Credit card statements
- ☐ Leave & earnings statements
- ☐ Investment statements & earnings reports
- ☐ Monthly bills
- ☐ Tax forms from recent years

Legal

- ☐ Wills
- ☐ Power of attorney paperwork
- ☐ Birth certificates or adoption paperwork
- ☐ Marriage certificate or divorce papers

Health

- ☐ Medical history
- ☐ Health insurance paperwork
- ☐ Dependents' medical history
- ☐ Dependents' health insurance paperwork

Home

- ☐ Leasing agreement or deed
- ☐ Mortgage Agreement or paperwork
- ☐ Homeowner's or renter's insurance policy

Vehicle

- ☐ Registration & title
- ☐ Vehicle insurance policy
- ☐ Service & maintenance history

For full list go to [militaryonesource](https://militaryonesource.mil)