

July 2025

Child and Youth Programs SAC

Monday

Tuesday

Wednesday

Thursday

Friday

	02	03	04	05
	<p>French Toast Sticks, Mandarin Oranges, Milk</p> <p>Sunflowers Butter & Jelly On Whole Grain Tortilla, Milk</p> <p>Saltine Cracker, Water</p> <p>Week 4</p>	<p>Oatmeal, Apples Slices, Milk</p> <p>Eggs Salad on Whole Grain Bread, Apple Juice</p> <p>Goldfish Crackers, Water</p>	<p>Happy Holiday</p> <p>Closed</p> 	<p>Sausage Patty Biscuit, Melon, Milk</p> <p>Carrot Sticks with Ranch Dressing, Whole Grain Ritz Crackers Water</p> <p>Cheese Nips, Water</p>
07	08	09	10	11
<p>Kix Cereal, Pears, Milk</p> <p>Taco Chips, Shredded Cheese, Salsa, Water</p> <p>Teddy Graham, Water</p> <p>Week 5</p>	<p>Bagel w Cream Cheese, Pineapple Chunk, Milk</p> <p>Eggs Salad on sandwich on whole grain bread, Apple Juice</p> <p>Whole Grain Ritz Cracker, Water</p>	<p>Scramble Eggs w/Cheese, Mandarin Oranges, Whole Grain Tortilla, Milk</p> <p>Blueberry Muffin, Grape Juice,</p> <p>Cheese Nips Water</p>	<p>Multi Grain Cheerios, Strawberry, Milk</p> <p>Breadsticks w/Marinara, Cheese Stick, Water</p> <p>Graham Cracker, Water</p>	<p>Whole Grain Cinnamon Toast, w/ Sunflower Butter, Banana, Milk</p> <p>Swirl Bread w/Cream Cheese, Grape Juice</p> <p>Saltine Crackers, Water</p>
14	15	16	17	18
<p>Kix Cereal, Mandarin Oranges, Milk</p> <p>Teddy Graham, Grapes, Water</p> <p>Swirl Bread, Water</p> <p>Week 1</p>	<p>Whole Grain-Cinnamon Toast, Applesauce, Milk</p> <p>Wheat Thins, Dried Fruit, Cheese Stick, Water</p> <p>Saltine Crackers, Milk</p>	<p>French Toast Sticks, Mixed Fruit, Milk</p> <p>Sunflower Butter & Jelly on Whole Grain Tortilla, Water</p> <p>Goldfish Crackers, Water</p>	<p>Sausage Patty, Biscuit, Blueberries, Milk</p> <p>Ham & Cheese Tea Roll & Water</p> <p>Cheese Nips, Water</p>	<p>English Muffins w/Cheese, Pineapple, Milk</p> <p>Bagel w/ Cream Cheese, Grape Juice</p> <p>Vanilla Wafers, Water</p>
21	22	23	24	25
<p>Multi-Grains Cheerios, Peaches, Milk</p> <p>Pretzels, Cheese Sticks, Water</p> <p>Chicken N Biskit Crackers, Water</p> <p>Week 2</p>	<p>Raisin Bread w /Cream Cheese, Bananas, Milk</p> <p>Egg Salad sandwich on, Whole Grain Bread, Apple Juice</p> <p>Ritz Crackers, Water</p>	<p>Oatmeal, Mandarin Oranges, Milk</p> <p>Cheese Nips, Mixed Fruit, Milk</p> <p>Vanilla Wafers, Water</p>	<p>Scrambled Eggs & Cheese, Pear, Whole Grain Toast, Milk</p> <p>Banana Muffins, Milk</p> <p>Wheat Thins, Water</p>	<p>Waffles, Strawberries, Milk</p> <p>Carrot Sticks w/Ranch, Whole Grain Ritz Crackers, Water</p> <p>Graham Crackers, Water</p>
28	29	30	31	
<p>Kix Cereal, Apple Slices, Milk</p> <p>Swirl Bread w/Cream Cheese, Apple Juice</p> <p>Wheat Thins, Water</p> <p>Week 3</p>	<p>English Muffin w/Jelly, Pineapple, Milk</p> <p>Kalua Pork & Cabbage, Brown Rice, Pineapple, Milk</p> <p>Graham Crackers, Cantaloupe, Water</p> <p>Goldfish Crackers, Water</p>	<p>Cream of Wheat, Peaches Milk,</p> <p>Turkey & Cheese on Whole Grain Tortilla, Water</p> <p>Assorted Crackers, Water</p>	<p>Whole Grain Cinnamon Toast, Banana, Water</p> <p>Chic hen 'N Biscuit Crackers, Watermelon, Water</p> <p>Cheese Nips, Water</p>	

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442;
3. email: pr_gram_intake@usda.gov

This institution is an equal opportunity provider.

Breakfast:	1-2	3-5	6+
Milk	1/2 cp	3/4 Cp	1 cp
Grain	1/2oz.	1/2oz. Eq.	1 oz. Eq.
Fruit	1/2 oz.	1/2 oz. Eq.	1 oz. Eq.
Lunch:	1-2	3-5	6+
Milk	1/2 cp.	3/4 cp.	1 cp.
Grain	1/2 oz. Eq.	1/2 oz. Eq.	1 oz. Eq.
Fruit	1/4 cp.	1/2 cp.	3/4 cp.
Vegetable	1/4 cp.	1/2 cp.	3/4 cp.
Meat	1 oz.	1.5 oz.	2 oz.
Snack :	1-2	3-5	6+
Milk	1/2 cp.	3/4 cp.	1 cp.
Grain	1/2 oz. Eq.	1/2 oz. Eq.	1 oz. Eq.
Fruit	1/4 cp.	1/2 cp.	1/2 cp.
Meat	1oz.	1.5 oz.	2 oz.

