

# JANUARY '26 - MARCH '26

NA KOA CALENDAR OF EVENTS

**MCSCS**  
SEMPER FIT

## JANUARY

- 8 New Arrivals Orientation
- 9 Moonlight Run
- 12 IM Sports: Basketball League Starts
- 15 SMP Pool Tournament
- 17 SMP Video Game Tournament
- 27 IM Sports: Ultimate Frisbee League Starts
- 30 Bradley HERO WOD

## FEBRUARY

- 5 New Arrivals Orientation
- 7 Sunrise & Shining Sea
- 19 SMP Pool Tournament
- 27 HERO WOD

## MARCH

- 5 New Arrivals Orientation
- 14 Na Alii
- 19 SMP Pool Tournament
- 27 HERO WOD



## LEARN MORE ABOUT THE NA KOA CUP

YEARLONG UNIT COMPETITION FOR PRIDE & PRIZES

Questions? (808) 254-7590

*\*Dates and times subject to change*

COMMANDER'S  
**NA KOA**  
CUP



**Coca-Cola HAWAII**  
BOTTLED BY  
A SUBSIDIARY OF THE ODOM CORPORATION



*No DoD or USMC endorsement intended.*

## ONGOING

### CO Race Series

Send a picture to Semper Fit of your CO and SgtMaj together at one of the races.

Contact: (808) 254-7590

### Single Marine Program

- E8 or higher attend SMP Council Meetings
- Volunteer Opportunities

SMSP Contact: (808) 254-7593

### Beast Board

Get on the board.

Contact: (808) 254-7473

### Intramural Sports

Weekly Run Club. (Currently on hiatus)

Contact 808-254-7591

### Health Promotions Classes

Contact HP Educator: (808) 254-7473

### Semper Fit Gym

Volunteer Opportunities.

Contact: (808) 254-7597

### Marine & Family Programs

- Attend a Marine Corps Family Team Building LifeSkills Class
- Attend any Personal Financial Management Program class
- Schedule in-unit Family Advocacy, New Parent Support, Community Counseling, or Substance Assessment Counseling Center brief/training
- Invite Family Advocacy Program or Substance Assessment Counseling Center to a unit event



**Current Unit  
Standings & How  
to Earn Points**