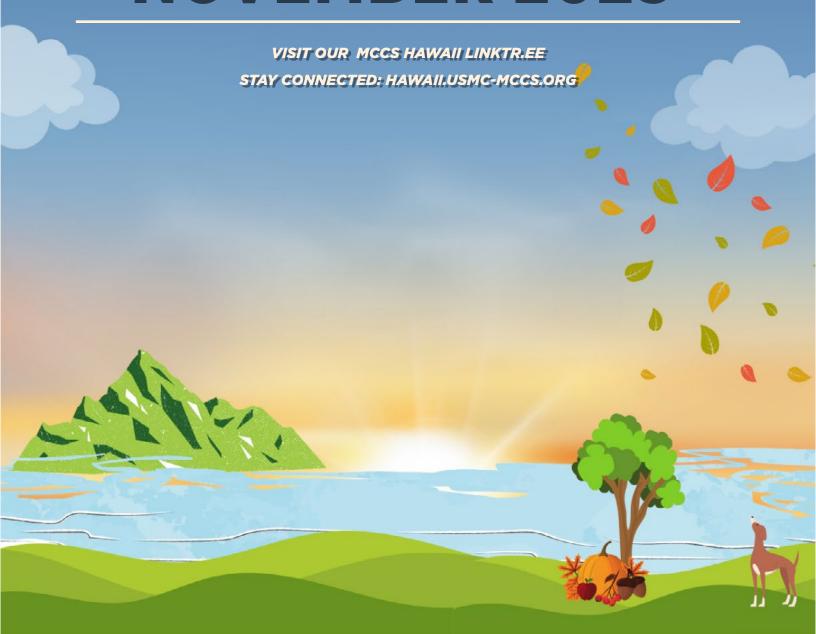


MCCS HAWAII

MONTHLY NEWSLETTER

NOVEMBER 2025



FOR THE COMMUNITY

MCCS

MCCS HAWAII TREE LIGHTING CEREMONY

FRIDAY, NOVEMBER 21, 1700 - 1900, Mokapu Mali

Happy Holidays Kick-off Celebration

Bring your family to celebrate the start of the holiday season!

Festive Family Fun

Join Marine & Family Programs for free holiday crafts, games, and activities for the kiddos —get a personalized ornament, write a letter to Santa OR the Grinch, or play a round of cornhole. Enjoy singalong trolley rides and meet Hawaiian Santa as he spreads holiday cheer throughout Mokapu Mall!

Holiday Entertainment

Get into the spirit with a festive hula performance, live music from the MARFORPAC Band, and the ceremonial tree lighting.

Follow @mcbhfamily for updates and event details!









FALL EDUCATION FAIR

FRIDAY, NOVEMBER 21, 1000-1200, Mokapu Mali

Come for free food and beverages, stay to meet college reps, get cool swag, and learn about your education benefits! Have a spouse and kids? They can use your benefits; come learn how they can take advantage too!





NATIONAL LIBRARY WEEK

NOVEMBER 2 - 8

Military Libraries Week was established in 2024 to celebrate the many ways that military libraries support the military community. In honor of Military Libraries Week, the Base Library will be having a special story time with community partners, PMO, ASYMCA, and NMCRS on November 6. Follow @mcbhfamily for updates on upcoming events and programs.



TEDDY BEAR HOSPITAL

NOVEMBER 13

Let's celebrate American Teddy Bear
Day by giving our stuffed animals a
check up! The Children's Library will
be transformed into a stuffed animal
health clinic all day on November 13th.
Bring your own stuffed animal by the
clinic to perform an examination and
receive a certificate of good health.

FOR THE COMMUNITY



SHEARWATER FALLOUT SEASON, FIELD LIGHTS OUT

NOVEMBER 1 - JANUARY 5

Semper Fit Field Lights will be out from November through January, Marine Corps Base Hawaii (MCBH) experiences shearwater fallout season, a period when young wedgetailed shearwaters fledge and can become disoriented by lights. During this time, fledglings may fly inland, collide with man-made structures, or become exhausted. Please report any downed birds to Base Environmental.



PERSONAL TRAINER FOR AD, SPOUSES, AND DOD CIVILIANS

Ready to crush your fitness goals? Our personal trainer is here to bring the energy, motivation, and expert guidance you need to push past limits and see real results.

To schedule an appointment or for more information, call the Semper Fit front desk at (808) 254-7597.

BIANCA VOSHAGE



FUN ACTIVITIES, ALL IN ONE PLACE

We've made some changes! To make things easier to find all the fun activities MCCS Hawaii Recreation has to offer, follow @MCBHRec on Instagram and MCCS Hawaii Recreation on Facebook.

Get updates on the Marina, Mokapu Recreational Lodging, Klipper Golf Course, Five-O Motors, K-Bay Lanes, and Information, Tickets, and Tours.

HOLIDAYS WITH THE MCX

BLACK FRIDAY PRICE IT RIGHT

FRIDAY, NOVEMBER 28, DOORS OPEN AT 0500, MCX Main Exchange

Come on down... it's time to shop & win!

Be one of the first 300 early birds in line at **0500** to receive a \$10 MCX gift card and a shot to **SPIN THE WHEEL** for prizes like a Nintendo Switch™ 2 Pokémon

Bundle, Ray-Ban Meta Al Glasses, and more!

Then, stay to play other classic game show challenges for your chance to **WIN a \$500 Shopping Spree every 30** minutes from 1300–1600!



Sponsored by Aston at the Executive Centre Hotel. No purchase necessary to win. Some restrictions may apply.

No DoD or USMC endorsement intended.

LET IT SNOW!

NOVEMBER 28 – DECEMBER 24, Mokapu Mali

Imagine stepping into a winter wonderland as the Christmas tree sparkles and gentle snowflakes begin to swirl around you.

Bring the whole family to Mokapu Mall for 10 magical minutes of snowfall at the top of every hour from 1300 to 1800, daily from Black Friday through Christmas Eve.

It's a snow day made for play, laughter, and picture-perfect Instagrammable moments.

THANKSGIVING DINNERS TO GO

THURSDAY, NOVEMBER 27, 0900-1100, Klipper Grill

Skip the cooking, Klipper Grill has Thanksgiving Dinners to Go! Choose from a Turkey Dinner, Ham Dinner, or a combination, complete with a dessert option. **Spend \$100 or more at the MCX and receive 5% OFF your meal.**

Dinners will be available for pickup on Thanksgiving Day, between 0900-1100, ready to reheat and feast on at home. Call (808) 254-7660 to place your order by Nov 21st. Leave a message if our staff is unavailable and we'll call you back to confirm.



CELEBRATE THE MARINE CORPS 250TH BIRTHDAY + VETERANS DAY!

FREE COFFEE

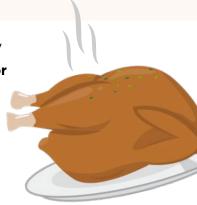
THURSDAY & FRIDAY, NOVEMBER 6-7, Marine Marts

In Celebration of the Marine Corps
Birthday, select MCX Marine Marts
will be giving away FREE brewed
coffee! Any cup. Any size! Stop by
our coffee bars at the Main Gate,
Mokapu, Selden St., or Flightline
Marine Marts on November
6 & 7 for your free cup on us.
Restrictions apply. Offer valid
while supplies last.

VETERANS DAY COIN

TUESDAY, NOVEMBER 11, MCX Main Exchange

Honor a veteran this Veterans
Day! Make sure to tell the
veterans in your life to stop
by the Main Exchange's
customer service counter on
Monday, November 11 to
receive a FREE Veterans
Day Coin! Coins are
available while
supplies last.



KLIPPER FUN & GAMES

FREE GOLF CLINICS

We're fortunate to have three outstanding teaching professionals on staff at the Klipper Golf Course—Leland Lindsay, Mo Radke, and Jon Radke—and these clinics are the perfect chance to meet them and learn directly from their expertise.

Schedule:

- Men's Clinic Sat, Nov 1, 12:00-1300
- Women's Clinic Sat, Nov 8, 12:00-1300
- Junior's Clinic Sat, Nov 15, 12:00-1300

Call (808) 254-2107 or (808) 254-1745 to register.

COMMANDER'S CUP GOLF CLASSIC

FRIDAY, NOVEMBER 14, 1100, Klipper Golf Course

The next Commander's Cup Golf Classic Tournament is on Friday, November 14 (1100 check-in | 1200 shotgun start) at the Klipper Golf Course. Register by November 12 for a day of friendly competition, exciting prizes, and breathtaking views.

Entry Fees: E5 and Below: \$59 | E6 to O3: \$64 | O4 and Above/DoD Employees: \$69 | Guest of Authorized Patron: \$79

For more information, call the Klipper Pro Shop at (808) 254-2107 or (808) 254-1745.

CHRISTMAS SALE AT THE KLIPPER PRO SHOP

NOVEMBER 1, 2025 - JANUARY 1, 2026

Swing into savings at Klipper Golf Course's Christmas Sale, happening November 1 through January 1, 2026. Score great deals like **15% OFF** men's and women's apparel, golf clubs, bags, and more, plus a **FREE** round of golf for every \$200 spent on merchandise!

Golf club purchases over \$400 earn a **FREE** round and lesson—perfect for sharpening your game before the new year.

Some restrictions apply. Visit the Klipper Golf Course Pro Shop for details.



CORNHOLE LEAGUE NIGHT

FRIDAY, NOVEMBER 21, 1730, SNCO Club

It's time to dominate the boards! Grab your squad and bring your game to the Rocker Room on Friday, November 21 at 1730. Team registration is just \$10 on-site. Open to SNCOs, Officers, and their invited guests.



STAY CONNECTED: @MCCSHAWAII @MCBHFAMILY

QUESTIONS: 808.496.7786 ombkbay.mcbhirrs@usmc-mccs.org

INFORM <i>A</i>	ATION REFERRAL & RELOCATION	Resource to sup	port a smooth	transition on & off base.
NOV 06	Welcome Aboard: New Arrivals Orientation		0900-1130	Base Chapel
NOV 12	PCS & Moving Workshop		0830-1100	Bldg 579
NOV 13	Sponsorship Training		0900-0945	Bldg 579
NOV 13	Sponsorship Coordinator Training		1000-1045	Bldg 579
NOV 19	PCS & Moving Workshop		0830-1100	Bldg 579
M-F	Lending Locker Services			Bldg 579

808.496.7786

MARINE	MARINE CORPS FAMILY TEAM BUILDING Life skills, readiness and deployment support classes and				
workshops.					
NOV 03	UPFRP Command Team Advisor/Family Readiness Assistant Training	0900-1100	Bldg 579		
NOV 04	L.I.N.K.S. Foundations – Marine Corps 101	0800-1600	Bldg 579		
NOV 06	LifeSkills: Anger Management – Master your mood 0900-1100 Bldg 579				
NOV 14	LifeSkills: Four Lenses Workshop – <i>Understanding personality types</i> 0900-1100 Bldg 579				
NOV 17	UPFRP Command Team Training	0830-0930	Bldg 579		
NOV 17-18	UPFRP Uniformed Readiness Coordinator Training, 2 days	0830-1500	Bldg 579		
NOV 19	What's In Your Family Care Plan? and Readiness Handbook Workshop	0830-0930	Virtual		
NOV 19	Passport to Volunteering – For new volunteers	1000-1100	Virtual		
NOV 24	LifeSkills: Real Relationships – For all relationship types 1400-1530 Bldg 579				
	QR Code for Class Registration Form		808.496.8848		

NEW PAR	ENT SUPPORT	Support program for parents o	gram for parents of newborns to 5 years old.		
NOV 12	Baby Boot Camp *Call to register	0800-1630	Bldg 216		
NOV 14	Infant Massage Workshop *Call to register	1000-1100	Bldg 216		
Mondays	Post Partum Support Group	1000-1100	Bldg 216		
Tuesdays	Play Mornings	0900-1030	Bldg 216		
2 nd & 4 th	Operation Dads	1130-1230	Bldg 216		
Thursdays					
Fridays	WIC every Friday *Call 808-259-7940 for appt	1000-1500	Bldg 219, Classroom 106		
FOLLOW:	@MCBHNEWPARENT		808.496.8803		

FINANCIA	FINANCIAL MANAGEMENT Learn how to manage money and achieve financial success.				
NOV 04 & 18	Thrift Savings Plan	0800-0900	Bldg 220		
NOV 04 & 18	Continuation Pay	0900-1000	Bldg 220		
NOV 04 & 18	Marriage and Money	1300-1430	Bldg 220		
NOV 06	Renting a Home (meets SGT BAH Class requirement)	0900-1100	Bldg 220		
NOV 07	Wealth Building and Planning Retirement	1000-1100	Bldg 220		
NOV 18	Personal Readiness Seminar (PRS)	0900-1200	Bldg 220		
NOV 20	Car Buying	1300-1400	Bldg 220		
Wednesdays	Walk-in Finance Assistance at the Single Marine Center	0800-1200	Single Marine Center –		
			Bldg 1629		
			808.496.7783		

FAMILY	MEMBER EMPLOYMENT	Employment red	adiness works	hops, classe	s & resources.
NOV 04	Civilian Resume Writing Workshop *Regist	er and receive event details	0830-1130	Bldg 220	
NOV 05	Navigating USAJobs Class *Register and re	ceive event details	0830-1130	Bldg 220	
NOV 17	Interview Skills Workshop *Register and receive event details		1300-1530	Bldg 220	
	REGISTER on Eventbrite or scan QR Code	E: OMBKbayFmeapHI@USM	C-MCCS.ORG		808.496.7097

EXCEPTIO	NAL FAMILY MEMBER PROGRAM Workshops &	events for exce	eptional family members.
NOV 12	Respite Care *Call or email to register	1300	Virtual on Teams
NOV 13	Managing Deployments *Call or email to register	1030	Virtual on Teams
NOV 19	Sensory-Friendly Storytime	1000	Bldg 219, Classroom 106
NOV 19	Movie Night – Moana 2 *Call or email to register	1815-2030	Bldg 6753, Kulia Gym
Tuesdays	Family Case Worker support services at KBay Health Clinic to assist with questions and DD2792 form completion/submissions.	0830-1130	Health Clinic, Kbay — Bldg 6905
FOLLOW:	@EFMPHAWAII E: MCBH.EFMP@USMC.MIL		808.496.0290

COUNSEL	NG/PREVENTION	Counseling and suppor	t services and workshops.
NOV 04-07	SACC – SACO Course	0800-1500	Bldg 279
NOV 12-14	SACC – Prime for Life 16.0	0800-1500	Bldg 279
NOV 18	SACC – UPC Course	0800-1130	Bldg 279
NOV 19-21	SACC – Prime for Life 16.0	0800-1500	Bldg 279
NOV 24	SACC – Prime for Life 4.5	0730-1200	Bldg 279
Mondays	Making Marriage Work *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Tuesdays	Emotional Intelligence Workshop (Anger Management) *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar 0-12 *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
Wednesdays	Triple P Parenting Seminar Teen *Must register by calling 808-496-7780/8803	1300-1430	Bldg 216
Thursdays	Warrior Maintenance Stress Management *Must register by calling 808-496-7780/8803	0900-1030	Bldg 216
M-F	CCP Walk-in Screenings	0800-1500	Bldg 216
CCP & FAP: 808.496.7780/8803 SACC: 808.496.2456			

EDUCATION CENTER		Programs, resources, workshops and services to help you succeed.		
NOV 06	AFCT: Armed Forces Classification Test	0	900-1200	Bldg 220
NOV 13	DLAB & DLPT Foreign Language Exams	0	900-1500	Bldg 220
NOV 20	AFCT: Armed Forces Classification Test	0	900-1200	Bldg 220
NOV 21	Education Fair	1	.000-1200	Mokapu Mall
Wednesdays	TA 101	1	130-1230	Bldg 220
Fridays	FAFSA Friday!	1	130-1230	Bldg 220
				808.496.2158

NOVEMBER '25 - JANUARY '26

NA KOA CALENDAR OF EVENTS



ONGOING

CO Race Series

Send a picture to Semper Fit of your CO and SgtMaj together at one of the races.

Contact: (808) 254-7590

Single Marine Program

- E8 or higher attend SMP Council Meetings
- Volunteer Opportunities

SMSP Contact: (808) 254-7593

Beast Board

Get on the board. Contact: (808) 254-7473

Intramural Sports

Weekly Run Club. Contact 808-254-7591

Health Promotions Classes

Contact HP Educator: (808) 254-7473

Semper Fit Gym

Volunteer Opportunities. *Contact:* (808) 254-7597

Marine & Family Programs

- Attend a Marine Corps Family Team Building LifeSkills Class
- Attend any Personal Financial Management Program class
- Schedule in-unit Family Advocacy, New Parent Support, Community Counseling, or Substance Assessment Counseling Center brief/training
- Invite Family Advocacy Program or Substance Assessment Counseling Center to a unit event



Current Unit Standings & How to Earn Points



NOVEMBER

- 6 New Arrivals Orientation
- 20 SMP Pool Tournament
- 21 Education Fair
- 22 Turkey Trot 5k/10k
- 28 Sentinel HERO WOD

DECEMBER

- 4 New Arrivals Orientation
- 18 SMP Pool Tournament
- 19 Harbor Guard HERO WOD
- 20 Jingle Bell Jog

JANUARY

- 8 New Arrivals Orientation
- 9 Moonlight Run
- 30 HERO WOD
- **TBD** SMP Pool Tournament

LEARN MORE ABOUT THE NA KOA CUP

YEARLONG UNIT COMPETITION FOR PRIDE & PRIZES

Questions? (808) 254-7590 *Dates and times subject to change









WARROR ATHLETE



SENTINEL

NOVEMBER HERO WOD

Workout: 4 Rounds For Time:

- 400m run with plate (45/25 lb)
- 12 deadlifts
- 9 hang power cleans (Barbells, Dumbbells, kettlebells)
- 6 shoulder-to-overhead
- 3 rope climbs (15 ft) OR 15 Pull ups (Can be assisted)

FRIDAY, NOVEMBER 28, 1200, Sgt Maj Porter Field | In Honor of GySgt. Jonathan W. Gifford

GySgt. Jonathan W. Gifford enlisted in 1996, serving in Force Recon before joining MARSOC in 2006. On July 29, 2012, in Badghis Province, Afghanistan, he repeatedly crossed open ground under fire to rescue Afghan commandos and lead an assault. He was killed that day and awarded the Navy Cross posthumously for extraordinary heroism.



Leagueapps Registration

HARBOR GUARD

DECEMBER HERO WOD

Eventbrite Registration

FRIDAY, DECEMBER 19, Sgt Maj Porter Field, 1200 **In Honor of LCpl. Chance Russell Phelps**

LCpl. Chance Russell Phelps served with 3rd Battalion, 11th Marines (3/11), I MEF. He was killed in Iraq in 2004 while protecting his fellow Marines during a firefight. His story is memorialized in the film *Taking Chance*. He embodied sacrifice, guardianship, and courage.

Workout: For Time (with 20/14 lb vest if possible)

100m sprint → 10 ground-to-overheads

200m sprint → 20 push press

300m sprint → 30 air squats

400m sprint → 40 push-ups

500m sprint → 50 sit-ups

Capstone: 1-mile ruck (45 lb)













f ⊚ @SemperFitHawaii

Follow us on Social Media



Dates and times subject to change Questions? (808) 254-7597

No DoD or USMC endorsement intended.

CO RACE SERIES

UPCOMING RACES



SAVE THE DATES

- Sunrise & Shining Sea 5k, February 7
- Na Ali'l 5k/10k, March 14
- Color Run for a Cause, April 18



SATURDAY, NOVEMBER 22

Pre-burn the holiday stuffing and earn an extra slice of pie. 5k and 10k available.













SATURDAY, DECEMBER 20

Don your best holiday costumes and jingle all the way to the finish line in this merry Christmas fun run!



<u>LeagueApps Registration Link</u>
Na Koa: 10^{pts} Per Entry



Themes and dates subject to change Questions? (808) 254-7590 ombkbayathletics@usmc-mccs.org

No DoD or USMC endorsement intended.

MOONLIGHT RUN 5K

JANUARY 9

2025

Kick off 2026 with an easy, breezy, beautiful run under the stars and Full Wolf Moon along the flight line.





INTRAMURAL SPORTS



TURKEY BOWL (7 V 7 FLAG FOOTBALL TOURNAMENT)

THURSDAY, NOVEMBER 27, 0800, Sgt Maj Porter Field

- 7 minimum, 12 maximum players
- Non-Unit Based
- 4 teams MAX. FREE Registration; first come, first serve
- Double elimination tournament starting at 8:00 AM Contact IM Sports Coordinator at 808-254-7591,

or ombkbayathletics@usmc-mccs.org

RUN CLUB

EVERY THURSDAY @ 1800

Last Run Club is October 30 | Run Club resumes January 8

Each run will start and end at the track of Sgt Maj Porter Field. Earn discounts on CO Race Series after participating in at least 5 run clubs.

15 points for each week for attendance and participation.













∮ ◎ @SemperFitHawaii

Register on LeagueApps
Sign up to get dates
*Dates subject to change



Contact IM Sports Coordinator: (808) 254-7590 or email ombkbayathletics@usmc-mccs.org

No DoD or USMC endorsement intended.

SINGLE MARINE PROGRAM

***OPEN TO ACTIVE-DUTY SINGLE MARINE & SAILORS ONLY**





FREE MOVIE NIGHT

FREE PRE-RESERVED seats open to SINGLE, UNACCOMPANIED Marines & Sailors. Tickets limited.

REGISTER NOW

POOL TOURNAMENT 20 NOVEMBER

COUNCIL MEETINGS

4 & 18 November

Video Game Tournaments and Movie Nights sponsored by:



FEATURED ACTIVITY

TURKEY BASH, NOVEMBER 26, 1630-1900

Stop by the Kbay Rec Center and enjoy a traditional Thanksgiving meal. Enter the SMP pie eating contest and win a raffle! No registration required.

SPECIAL EVENTS

- USMC 250th Birthday Brunch
- Touchdown & Subs Chow Downs (CS)

VOLUNTEER OPPORTUNITIES

- ☐ AccesSurf
- ☐ Beach Clean-up
- ☐ Hawaii Food Bank
- ☐ Institute for Human Services
- □ Malama Puuloa
- ☐ MCX Gift Wrapping
- ☐ Rec Center Field Day
- ☐ Santa's Village

SMP Eventbrite



SMP Calendar

NA KOA QUALIFYING EVENTS

- 1. E-8/higher attend Council Mtg (100pts) 1 max/unit, per mtg
- 2. Pool & Video Game Tournaments

 1st 75pts, 2nd 50pts 3rd 25pts, 20pts/entry 2 max/unit/event
- 3. Volunteer activities (10pts/activity) 2 max/unit/event

LEARN MORE ABOUT THE NA KOA CUP

YEARLONG UNIT COMPETITION FOR PRIDE & PRIZES

Questions? (808) 254-7590 *Dates and times subject to change









READY? PRE-DEPLOYMENT CHECKLIST



TASK CHECKLIST

Time Together
Quality time with loved ones
Unit To-Dos
See your URC/DRC for unit-specific checklist
Health Care
Family members enrolled in DEERS and Tricare
Family Care Plan
Ensure family is taken care of
Pets
Arrange caretaker, update records
Home Preparation
Maintenance, mail, lease
Vehicle Preparation
Storage, maintenance, lease
Personal Security
Family and friends apprised of OPSEC
Information and Records
Review, update and store legal documents
Wills and Powers of Attorney
Wills, power of attorney
Emergency Planning
Emergency contact information
Military ID
Valid military-issued IDs. Update information
Financial Plan
Auto-pay? Savings deposit plan?
Communication Plan
How to communicate during deployment
Voting
Registration? Absentee ballot?

DOCUMENTS CHECKLIST

Before you deploy, consider reviewing the following documents with someone you trust.

inan	cial
	Recent bank statements
	Credit card statements
	Leave & earnings statements
	Investment statements & earnings reports
	Monthly bills
	Tax forms from recent years
.egal	
	Wills
	Power of attorney paperwork
	Birth certificates or adoption paperwork
	Marriage certificate or divorce papers
lealti	h
	Medical history
	Health insurance paperwork
	Dependents' medical history
	Dependents' health insurance paperwork
łome	•
	Leasing agreement or deed
	Mortgage Agreement or paperwork
	Homeowner's or renter's insurance policy
/ehic	le

☐ Service & maintenance history

☐ Vehicle insurance policy

☐ Registration & title

For full list go to militaryonesource