

OCTOBER 2026

CHILD AND YOUTH PROGRAMS PARENT NEWSLETTER

MARINE CORPS BASE HAWAII

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and Tax ID

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MARINE & Family
Child and Youth Programs

Kulia School Age Care

Bldg. 6753

808-496-2030

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Kupulau CDC

Bldg. 6111

808-496-1388

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Laulima CDC

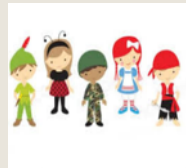
Bldg. 6782

808-496-2030

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CYP Operating Hours:

0600-1800



CDC Events

- 2nd– National Custodial Appreciation Day
- 4th–National Fire Prevention Week
- 9th-CYP Closes @ Noon for All Hands Training
- 12th– Columbus Day, Happy Holiday, CYP Closed
- 15th– Practice Washing Your Hands!
- 16th– Happy Birthday Celebration
- 21st– National Apple Day /Create Apple Art
- 23rd– Aloha Friday
- 26th– National Pumpkin Day
- 29th– Fall Craft w/Parents @ 3:00 pm
- 30th– Story Book Parade @ 3:00 pm



SAC Events

- National Bullying Prevention Month
- (Fall Camp –No School) 5th– Waimanalo Country Farms Field Trip
- 6th– Yayoi Kusama-Polka Dot Art
- 8th– National Fire Prevention Presentation
- 9th-CYP Closes @ Noon for All Hands Training
- 12th– Columbus Day, Happy Holiday, CYP Closed
- 13th-Kandinsky Tree Art
- 20th– Picasso Self Portraits
- 26th-Kulia Art
- 30th– Fall Festival



Fall Sport Kids Can Get Into This Season

Fall brings cooler weather, colorful leaves, and a perfect window for kids to get involved in sports. Playing a sport helps children stay active, develop social skills, and build confidence. Whether your child is new to athletics or looking to try something different, there's fall sports for every interest and ability level.

Why Sports Are Important !!!

Sports offer more than exercise. It teaches teamwork, perseverance, time management, and resilience. Kids learn how to handle wins and losses, practices discipline, and gain a sense of achievement. For parents, organized activities provides structure and reduce screen time, while encouraging healthy social interactions.

Popular Fall Sports For Kids!!!

Soccer: A classic choice for kids of all ages. It promotes endurance, coordination, and teamwork, Younger leagues focus on fun skill-building, making it ideal for beginners.

Football (Flag or Tackle): Flag football offers strategy and teamwork without heavy contact. Tackle football can build confidence and physical discipline, but safety gear and proper supervision are essential.

Cross-Country Running: For intendent or high-energy kids. Cross-country offer endurance– building and mental resilience. Running outdoors fosters a connection to nature and encourages healthy habits.

Martial Arts: Karate, taekwondo, or judo provides discipline, strength, and focus. Martial arts can be a great option for children who prefer individual skill-building.

Final Thoughts!!!

Fall is an ideal season to introduce children to sports. Physical activity, teamwork, and personal growth make participation worthwhile. By finding the sport and fostering a positive, balanced experience, parents can help their kids develop lifelong skills while having fun along the way.

<https://www.thekids-table.com/fall-sport-kids-can-get-into-this-season>



Kupulau CDC



Aloha families! As we move towards the holiday season, keep an eye out on our special events calendar for fun events to join. Please communicate with your child's caregiver so they are aware of what holidays you may or may not celebrate. We strive to be respectful of everyone's culture, beliefs, preferences, etc. while making our events a fun and enjoyable experience for all.

A reminder that if you need to update any of your phone numbers (work, home, cell), address, emails or emergency contacts, please let the front desk know and they can assist you in getting the information documented on your forms. Also, many families will need to complete a re-registration packet this month which will be provided by the front desk staff.

A special shout out to the C1 families for your flexibility and understanding as the Kulia SAC program borrows C1. We don't have any updates on the SAC AC at this time but we will keep you informed when we do.



Laulima CDC

Thank you for another round of successful conferences last month! Conferences are a great way to have a more in-depth conversation about your child's development. Conferences are typically scheduled in March and September, however, you are welcome to schedule one with your child's caregiver throughout the year.

We also celebrated National Library Card Sign Up month with a visit from the MCBH Base Library.

This month we are looking forward to kicking off the holiday season! Please keep an eye out for special events, including our Storybook Parade on October 30th.

As a friendly reminder, we do not allow any outside food in the center. Unfortunately, this does include holiday treats.

Kulia SAC



Happy Fall.
Whew...September was a busy month.

First we would like to thank our families for their patience and flexibility while working through our AC dilemma. Secondly, we want to thank our staff for their dedication to our children and program during this time. Lastly we want to give big hugs to our children who have been wonderful during all the changes this past month.

We honored and remembered our first responders in September by providing lunch and Thank You posters. SAC was awarded a BGCA 9/11 Remembrance Grant to be able to fund this project.

Kulia SAC is proud to announce that we have successfully passed our Re-Accreditation process through The Council on Accreditation. Shout out to our staff for doing such a great job.

Marine Corps Base Hawaii Tween Corner :

Let have fun around O'ahu doing the Tween Scene.

Snorkel with Sea Turtles

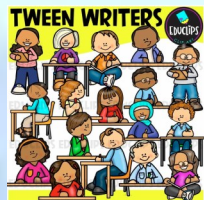
Castle Wakiki Shore

A Timeless Princess

The Kahala Hotel & Resort

Dole Plantation

Maui Diver Jewelry



Pumpkin Spice Latte



Brewing a Pumpkin Spice Latte at home is simpler than you think. This recipe delivers the cozy flavors of fall in minutes.

Ingredients

- Milk – 1 cup
- Pumpkin puree – 2 tbsp
- Sugar – 1 tbsp
- Pumpkin pie spice – ½ tsp
- Strong brewed coffee – ½ cup
- Whipped cream – for topping

Instructions

1. Heat milk in a saucepan over medium heat until steaming, about 3 minutes. Tip: Avoid boiling to prevent scalding.
2. Whisk in pumpkin puree, sugar, and pumpkin pie spice until smooth. Tip: Use a fine whisk to eliminate lumps.
3. Pour the mixture into a blender and blend for 15 seconds until frothy. Tip: Cover the blender lid with a towel to prevent spills.
4. Divide the brewed coffee between two mugs.
5. Pour the pumpkin milk mixture over the coffee.
6. Top with whipped cream and a sprinkle of pumpkin pie spice. Velvety and rich, this latte boasts a perfect balance of sweet and spicy. Serve it with a cinnamon stick for an extra aromatic touch.

O'ahu Events in October



O'ahu events in October 2026 stack up into one of the island's best shoulder-season months. Children & Youth Day fills the State Capitol district on October 4, the Moloka'i Hoe canoe race finishes on Waikīkī sand on October 11, Honolulu Pride brings its parade and festival programming to Waikīkī in mid-October, and the Hawai'i International Film Festival Fall Festival typically opens in late October. In my experience October sits in the sweet spot between summer families and the holiday rush — warm water, easier lodging availability, and a full events calendar without the peak-season squeeze.

Children & Youth Day (October 4)

Held the first Sunday of October — October 4 in 2026 — this free family event fills the State Capitol district with stages of entertainment, keiki activities, and community booths. It's a local Honolulu tradition, which is exactly why it's worth a visiting family's morning. Confirm the current-year details on the official site before you go.

When: October 4, 2026 (first Sunday of October)

Where: Hawai'i State Capitol district, downtown Honolulu

Pumpkin Patches & Fall Farm Days (Weekend Dates TBD)

O'ahu is where Hawai'i's pumpkin-patch scene usually lives, but farm calendars are not all posted at the same pace. Waimanalo Country Farms should be checked directly for current seasonal event rules and any fall-specific pumpkin dates. Aloun Farms has traditionally anchored the west side with October farm events, but verify the current season directly before you drive to Kapolei

When: Usually weekends in October, but exact 2026 fall dates should be verified before travel

Where: Waimānalo (windward side) and Kapolei (west side)

<https://www.hawaii-guide.com/blog/oahu-events-in-October>